DEDHAM Parish Magazine



July/August 2023

🛛 🚺 🖉 Dedham Par	rish Magazine			
First Published in 1876	July/August 2023			
DEDHAM PARISH CHURCH dedham-and-ardleigh-parishes.org.uk	DEDHAM PARISH MAGAZINE The deadline for magazine entries is			
Rural MissionerPhillip Young Tel: 323 919Assistant MinisterMerv McKinney Tel: 322 136PARISHES OFFICEParishes AdministratorDeb Turner Tel: 322 136Parishes AdministratorDeb Turner Tel: 322 136Email: stmaryda@gmail.comAssembly Rooms, High Street, Dedham. CO7 6HJ TuesdayMusic10am-12pm 	 The deadline for magazine entries is the 10th of the month Editor: John Goldsbrough Email: dedhameditor@gmail.com Advertising Sara Marshall Email: dedham.advertising@gmail.com MAGAZINE CONTENT 2. Contacts/contents. 3-4 Services & Church events. 4. Rural Missioners Letter 5. Service of Matins. 6-7. Tools with a mission / Songs of Praise. 8-9. Organ project update. 10. Church News. 11. Ardleigh Surgery. 12-13. Sustainable Dedham. 14-15. County Councillor Report. 16-17. Gardening Notes. 18-19. Dedham Primary School. 20-26. News and Events. 27. Kingsleigh. 28-48. Advertising. 			
CHURCH FLOWERS Co-ordinator Helen Sims Tel: 321 286 Wedding Flowers Wendy Sarton Tel: 323 027	Cover Photo - Ford RideLondon Classique 2023 passing along Crown Street on Friday 26th May. John Goldsbrough			

Can we help?

Sometimes things in life can just get too much to cope with on your own... **Psalm 34:18:** *The Lord is close to the broken-hearted and saves those who are crushed in spirit.* If you would like some support or know of any one who would, please contact: Ann Shaw **Tel: 322 192.**

If you have been bereaved or know of anyone who has, please contact Vee Druitt **Tel: 322 000** or Ruth Higginson **Tel: 322 598**

> *If you would like a lift to church contact* Ann Shaw **Tel: 322 192** Ruth Higginson **Tel: 322 598**

If you need any further support, please contact the Parishes Office Tel: 322 136 and your call will be returned.

Throughout the magazine local telephone numbers omit the 01206 area code unless otherwise stated.

Services and Events.

Ardleigh

Dedham*

Ardleigh

Ardleigh Dedham*

Dedham*

Dedham*

Dedham*

Ardleigh

Ardleigh

Dedham*

Sunday, 2nd July 8.00am Eucharist BCP 9.30am Rise N' Shine 9.30am Café Church 5.00pm Evensong

Sunday, 9th July 9.30am All Together 11.00am Holy Communion

Sunday, 16th July 9.30am Matins 9.30am Holy Communion

Sunday, 23rd July 9.30am Holy Communion 9.30am All Together 5.00pm ReVive@5

Sunday, 30th July 9.30am Morning Prayer Ardleigh 11.00am Joint Benefice Holy Communion Dedham*

* = Services which are live streamed.

Morning Prayer - Every Tuesday, 10.30am at Dedham Church

Online Prayer - Monday Morning at 7am and Friday Evening at 6pm

Benefice prayer meeting on Zoom each Monday at 5pm. Please contact the Parish Office for further information.

YouTube - search Dedham and Ardleigh Parishes.



Follow us on Facebook, search - DedhamandArdleigh

Ardleigh Friendship Group – every 2nd and 4th Tuesday of the month: 10am to 12 noon in Ardleigh Church outside when weather allows.

ACTS Living Stones Prayer Group – every 2nd and 4th Monday of the month, 6.25pm at Ardleigh Church.

Little Steps Pre-School Group – every 2nd and 4th Wednesday of the month: 1.30pm - 3.00pm in Ardleigh Church (Please bring lunch).

Men's Breakfast - Saturday 1st July, 9am - venue tbc.

Monday Lunch Club – Monday 3rd July, 12.30pm, Essex Tea Rooms. Phone 322192 to reserve a place indicating it is for the Lunch Club.

Walk and Talk - Thursday 6th July, 10am - Meet at Dedham Arts Centre at 10am for a walk or 11am for a chat.

FROM THE REGISTERS.

Weddings. 31st May: Stephanie Alabaster and Peter Thornton 9th June, Sophie Gerrish and Anthony Charlton. 17th June: Emma Milsom and Ben Brenton 24th June: Helen Thomson and Thomas Voller

Funeral. 24th May: Funeral service for George Earle

Scan this QR code to access the Dedham and Ardleigh parishes website



Sunday, 6th August 8.00am Eucharist BCP 9.30am Rise N' Shine 9.30am Café Church

Sunday, 13th August 9.30am All Together 11.00am Holy Communion

Sunday, 20th August 9.30am Morning Praise 9.30am Holy Communion

Sunday, 27th August 9.30am Holy Communion

9.30am Morning Prayer

Ardleigh

Ardleigh

Dedham*

Ardleigh

Ardleigh

Dedham*

Dedham*

Dedham* Ardleigh

Ardleigh Friendship Group – every 2nd and 4th Tuesday of the month: 10am to 12 noon in Ardleigh Church outside when weather allows.

ACTS Living Stones Prayer Group – every 2nd and 4th Monday of the month, 6.25pm at Ardleigh Church.

Little Steps Pre-School Group – every 2nd and 4th Wednesday of the month: 1.30pm - 3.00pm in Ardleigh Church (please bring lunch).

Men's Breakfast - Saturday 5th August, 9am - venue tbc.

Monday Lunch Club – Monday 7th August, 12.30pm, Essex Tea Rooms. Phone 322192 to reserve a place indicating it is for the Lunch Club.

Walk and Talk - Thursday 10th August, 10am - Meet at Dedham Arts Centre at 10am for a walk or 11am for a chat. Dear friends,

Well here we are in July already – summer is here and the prospect of summer holidays is imminent. This final term can seem exhausting, but relief is in sight – keep calm and carry on! Maybe you are approaching the summer holidays like this line from one of Arthur Ransome's novels (Pigeon Post): "Term time was gone as if it had been wiped out. Real life was beginning again[!]"

What plans do you have for your holidays this summer? We are planning on heading to the south coast and are excited at the prospect of beach walks, fresh air, fish and chips and hopefully not too much chaos with our three small boys! Whatever you are up to, wherever you are headed, may it be enjoyable, restful and safe.

Holidays are a gift. The Bible says that "[e]very good and perfect gift is from above, coming down from the Father of the heavenly lights" (James 1:17), a reminder that God even gives us every light in the sky, including the beautiful sunshine that lights up our summer holidays and makes them so special.

I hope we might all find a moment over these summer months to pause and to thank God for His generosity and kindness to us all – daily kindnesses, like sunshine and summer holidays, and historic kindnesses, like the forgiveness and fresh start He offers us through the cross.

With best wishes for your summer holidays,

Phillip

4

Service of Matins from the Book of Common Prayer.

Every two months it is possible to attend a service of matins in Dedham Parish Church. More often than not, the PCC give me the job of leading this act of worship.

The words used in the service are all taken from the Church of England's *Book* of *Common Prayer* (BCP). The vocabulary used in the BCP is very old. This puts some people off, as the words can be difficult to understand. There are, on the other hand, some people who love this service precisely because of its ancient phraseology. I must confess, I am one of these people.

During the reign of Henry VIII, the Archbishop of Canterbury Thomas Cranmer, with the support of Thomas Cromwell of *Wolf Hall* fame, had ensured that, for the first time, the Bible could be read in English rather than Latin in England's churches. Henry was, however, less keen on Cranmer's other project to reshape the Latin services of the medieval church into English to reflect the new protestant understanding of the Mass and the doctrine of salvation through faith rather than religious observance.

On Henry's death in 1547, his son and successor, the keenly protestant boy king Edward VI, was an enthusiastic advocate of Cranmer's new prayer book. In 1549, this new English prayer book, essentially the same one used today following some revisions in 1552, was rolled out across England's parish churches.

The BCP is sometimes referred to as the '1662' prayer book, although the modifications made in 1662 were small. There were two main theological changes enshrined in the BCP. First, the Mass (with its Roman Catholic belief that the bread and wine literally became the body and blood of Christ in an act of 'transubstantiation') was replaced by a service now called *The Lord's Supper or Holy Communion* where the bread and wine are 'consecrated Elements' which worshippers eat and drink 'in remembrance' of Christ's death on the cross. The second radical feature of the BCP was its prayer of 'general Confession' to be found towards the beginning of the service of morning prayer (the English name that replaced the old Latin title of *matins*) in the service that we still use in Dedham.

Before the reformation, confession was a private affair where a parishioner confessed his sins to a priest, and the priest told the sinning parishioner what he must do to be forgiven – often involving a financial donation to the church. To rid the church of this corruption, Cranmer made sure that the confession of sin became a non-specific prayer of confession for the congregation to say together. Forgiveness was now a gift from God for repentance in the name of Christ and nothing more.

This prayer of 'general Confession' has given us some of the most poetic phrases in the English language, which you may still use yourself without realising where they come from. Examples include, 'erred and strayed from thy ways like lost sheep' and 'followed too much the devices and desires of our own hearts'.

If, like me, you enjoy quiet and thoughtful worship based on five hundred years of accumulated spiritual wisdom, or simply enjoy the cadence and poetry of words of worship used by many generations before us, Dedham's service of matins from the Book of Common Prayer may be for you. The next one is on Sunday 16 July at 9.30 a.m. and every two months thereafter. You are most welcome.

Richard Hopkins

Tools with a Mission.

A SECOND LIFE.

Many of you may know we volunteer for a charity Tools with A Mission (TWAM). TWAM collects unwanted tools of all kinds: sewing machines and haberdashery items, lap tops, tablets, mobile phones, refurbishes them and makes them into kits, which go to Africa so the recipients can earn a living to provide for themselves and their families. What is donated is given a second life and are received with grateful thanks and joy.

This is Angela's story:

Angela is a strong and determined single mother who is fighting to provide for her family. Angela's journey has been one of resilience and determination. As a single mother of six children, she struggled to make ends meet and provide for her family.

She worked long hours selling small food items like fritas and mineral water, but it was a constant struggle to earn enough money to support her family.

Despite the challenges she faced, Angela refused to give up on her dreams of providing a better life for her children.

When her husband passed away in 2017, she knew she had to find a new way to support her family. That's when she heard about the tailoring course offered by the Tabernacle of All Tribes group, who use TWAM tools to train vulnerable members of their community.

Angela enrolled in the course and started learning how to sew. She practised tirelessly, working hard to refine her skills until she was able to create beautiful clothes that she could sell to support her family.



"Some of my children have completed school, but I couldn't afford to send them to college, so they just sit at home or do piecework." Angela said.

Thanks to the sewing machine and training that she is receiving, Angela can now pursue her dream of starting her own business. She is confident that her newfound skills and her sewing machine will allow her to make clothes that she can sell to support her family.

"When I finish this course, I will look for a place in town where I can sit with my sewing machine. I will tell people about my business and hope to find contracts." Angela said.

Angela's story is a powerful reminder of the difference that training and tools can make in the lives of those in need. With the right resources and support, anyone can achieve their dreams and overcome even the most challenging obstacles.

So you see how giving an unwanted sewing machine a second life can be life changing. If you or you know of anyone who has unwanted tools, sewing machines or other items they believe can

Church News.

be given a second life and are willing to donate to TWAM do give us a call 01206323565. If local we are happy to collect but if items are larger or the amount too much to fit in our car then a van can be arranged.

For more information about TWAM do check out the website www.twam. co.uk where also you will find a full list of the tools and items wanted.

As volunteers for TWAM we are so grateful for all the donations knowing the tools are given a second life and through them changing the life of those like Angela who receive them.

Merv and Sue McKinney

SONGS OF PRAISE.

On Saturday 10th June, John and I made our way to Castle Park in Colchester for the Songs of Praise service. The hottest day so far of the year, we packed sun hats and lotion and made sure as requested, that we had bottles of water, and wore non- stripe clothing!

The park looked beautiful; the sun shone through the huge trees giving us much needed shade whilst we queued, watching people further away enjoying picnics or sunbathing. Finally we found our seats; we were lucky enough to be alongside the members of the British Army Band, Colchester Brass Quintet in the Bandstand which afforded us some shade!

The production team, committed Christians, were bright and enthusiastic and thanked us all for giving of our time to make the service. We were asked to remember the people who would be tuning into the service, so to look happy and to sing with joy and enthusiasm. Please forget the buzzing overhead camera and mike as well as the roving camera man taking close ups, or panning around the groups within his reach!

Reminded to sing clearly and think about the message of the hymns, we practised each of the ten hymns three times, before a take was completed. By the eighth hymn it was getting harder to sing with joy and enthusiasm as we stood to sing each verse, but hopefully we showed what Christianity meant to each of us.

We understand the programme which goes out to millions of viewers, will be shown in September, alongside contributions from local people. We thoroughly enjoyed the experience, as we hope you will, if you watch it, and we pray that the service will reach out with joy and thanksgiving for all that He has given us.

Liz Reed

Dedham PCC is recruiting! The PCC is required to appoint A Parish Safeguarding Officer &

A Parish Data Protection Officer

Filling these vacancies would be a huge help to the PCC and would enhance the safe running of our Church.

There is information and guidance about these roles on the Chelmsford Diocesan Website - www.chelmsford.anglican.org/ If you think that you or anyone you know, might be suitable for either of the roles, please talk to either Peter on 01206 323179 or Vee on 01206 322000

Dedham Parish Church - Organ Replacement Project.

It is some time since the last update on the progress of the Organ Replacement Project and there is a lot of good news to report. As a result of some very generous individual donations and a number of grants from both local and national organisations, the amount raised is now just in excess of £260,000 so we are well on our way to reaching the amount set by the PCC, £300,000, to fund the project.

The organ that Nicholson & Co Ltd. will be installing in St Mary's was removed from the Harvest Church in Glasgow in January 2023 and moved to Nicholson's storage facility in Kidderminster. Just recently they have advised us that, due to space in their workshop in Malvern, they could start cleaning some of the metal pipes. They have retrieved most of the Great and Swell pipes from storage and work has commenced on cleaning them. The early



life of the organ was in a concert hall, rather than a church, and as a result there is some nicotine staining on the pipes, but it is coming off nicely, albeit only after two washes. The attached photographs show this work underway.

People are understandably asking "When will be new organ be installed?"



and again there is good news here. Nicholson will be scheduling both the removal of the current organ and the installation of the new organ for between the end of September 2024 and Easter 2025, which is slightly earlier than originally anticipated and will not disrupt the 2025 wedding season in St Mary's.

The only unknown at present is whether the existing organ gallery floor is strong enough to take the weight of the new organ, or whether it will need reinforcement. Nicholson's are currently working on producing a technical specification and drawings showing the exact proposed loading points & weights of the new organ which will then be assessed by a structural engineer.

Finally the Colchester Chamber Choir are holding a concert, called "Music Divine" in St Mary's in aid of the Organ Fund The date for your diaries is Sunday 9th July at 6 pm. Tickets are £15 per person and can be bought from www.colchesterchamberchoir.org or on the door on the night.

David Druitt On behalf of the Organ Replacement Committee

Concert in Aid of the Organ Fund.



Divine music for a summer evening drawn from the best of English composers including sacred works by Byrd and Tallis, madrigals penned by Wilbye, Tomkins and Pearsall and songs by Elgar, Parry and Finzi

In aid of the Organ Fund



Supporting Church music in the Tendring area

July 9th

The Deanery choir will be singing at St Georges Church, Great Bromley CO7 7HZ at the 10.30am communion service. The anthem that they will be performing is, 'The call of wisdom' by Will Todd. Commissioned by the Chapter of St Paul's Cathedral for the Diamond Jubilee of HM The Queen, with generous sponsorship by The Worshipful Company of Horners. On June 5th 2012. The Call of Wisdom was presented on the occasion of a Service of Thanksgiving at St Paul's Cathedral, for the 60th Jubilee of Queen Elizabeth II, performed by the specially auditioned Diamond Choir, formed of children from all over the UK, alongside choristers of St Paul's Cathedral and the Chapel Royal, conducted by Andrew Carwood.

July 23rd

The Deanery choir will be singing at All Saints Church, Wrabness CO11 2TQ at the 6.30pm Choral Evensong service. The anthem that they will be performing is, 'When rooks fly homeward' by Arthur Baynon. This is a beautifully crafted setting of words by the Irish poet loseph Campbell (1879-1944) – the second poem in a collection titled 'The Mountainy Singer' (Dublin, 1909). Its composer, Arthur Baynon (1889-1954), was briefly organist at St. Michael's College, Tenbury, in Worcestershire. The Choir will also sing a setting of Psalm 103 by Philip Moore and a setting of Magnificat and Nunc Dimittis by Orlando Gibbons.

July 30th

The Deanery choir will be singing at St Mary's Church, Little Bentley CO7 8SE at the 11am communion service. The anthem that they will be performing is, 'Locus Iste' by Bruckner. The text is the Latin gradual for the annual celebration of a church's dedication. The incipit, Locus iste a Deo factus est, translates to "This place was made by God". The choir will also sing an introit, Lord make me to know thy ways by English composer William Byrd which was written in 1570.

Graham Bell, Deanery Choir



Ardleigh Surgery.

In the last three years we have lost three colleagues in East Anglia to suicide with overwhelming work pressures quoted as one of the triggers. The most recent loss was in May 2023. We have looked at our practice at the surgery and taken measures to protect ourselves from burnout.

We have increased the length of afternoon appointments to 15 minutes from ten. We hope that we will have more time to deal with your problems. The two full time partners Drs Cole and Outtridge will now be seeing patients on three days of the week, with the rest of the week dedicated to administration and telephone calls. We hope that this will allow us to have our weekends back. to triage the urgency of an undisclosed medical condition.

Compulsory Surgery Training Days

The next compulsory Northeast Essex Surgery training afternoon will be on Wednesday the 25th July 2023. The Surgery will close from 12.30hrs and dispensary from 12.00hrs. A future date is 31st August 2023.

Did you know that ...

GPs can decline to prescribe drugs recommended or suggested by consultants? We usually do not, however if a GP does not to feel qualified to monitor the effects and side effects of a drug, then he or she can decline to

	Monday	Tuesday	Wednesday	Thursday	Friday
Dr Cole	V		V		V
Dr Lennart		V	N		N
Dr Outtridge	V	N		N	
Dr Gladwin	V	V	1		
Dr Bennion		N		V	
Dr Locum	1	1		V	
Sister Lacey	N	V			V
Sister Harrison	V		V	V	N
Sister Zoe Lacev	and Sister	aura Harris	on are advance	d nurse prac	titioners and are

Sister Zoe Lacey and Sister Laura Harrison are advanced nurse practitioners and are therefore on the GP rota. On Thursdays we have a regular locum to make up the numbers

When requesting medications from the dispensary please allow at least four working days for dispensing of the drugs. We are short of staff in the dispensary, and we have been struggling to get your prescriptions dispensed in three working days. We hope that this is a temporary measure until we recruit another dispenser.

When booking an appointment, you do not have to say why you want the appointment. You can tell the receptionist that the reason is personal. It does mean that you may not be allocated to the most appropriate clinician, or you may not get a prompt call back, as the clinician will not be able prescribe the drug on grounds of safety. You would not expect a GP to do your knee replacement surgery. Likewise a GP cannot prescribe for example powerful chemotherapy drugs.

GPs do not automatically get the results of investigations done by hospital consultants, unless the consultant sends a copy to the GP. This is true for blood test results as well as scans. If you are seeing a hospital doctor and you want us to be able to discuss the results, please remind or ask them to send us a copy.

Dr. Cole On behalf of Ardleigh Surgery Doctors

Taking forward the strategy for a Sustainable Dedham.

Over the last few months I have been talking to a range of organisations and individuals about the need for a Sustainable Dedham strategy with the support of the Parish Council. The need for a strategy has become evident with the changing nature of Dedham particularly in terms of its usage by visitors and lack of progress regarding areas such as traffic usage through the village, well-being of residents.

There is an ever-present global crisis with climate change having an impact on the lives of all of us. There are policies at a national and local level in support of protecting the environment but somehow these do not seem to be translated into action.

At the annual Parish meeting at the end of May, I formally launched a Strategy for a Sustainable Dedham which is now available on the Dedham Parish Council website.

The main recommendations for the Strategy are as follows:

Information and Promotion of Dedham.

- Establish a Sustainable Dedham Forum which meets 3 times a year.
- Produce an annual report on progress against targets and goals.
- Install a series of Sustainable Dedham noticeboards in and around the village summarising the targets and goals for the strategy and for this to include QR code links to websites on how to act in a sustainable manner.
- Produce a Sustainable Dedham leaflet.
- Produce a Sustainable Dedham action pack for children.
- Engage young people in the village on the promotion of a Sustainable Dedham.
- Ensure that messaging of Dedham to

appropriate tourist and media bodies includes reference to environmental and sustainability policies and aims.

- Develop existing volunteer litter pickup group in the village with an aim of involving more residents.
- Work with Visit Essex team from Essex County Council to present a more appropriate image of the village and which refers to sustainability.

Usage of the Riverbank.

The river including the views from the Bridge and the walks across to Flatford are the experiences that most attract people to Dedham. Yet since the summer of 2021 the iconic image from the Bridge looking over the meadows has been blighted by short-term car parks, installing of mobile food outlets, families coming with barbecues and inflatable craft to use on the river. This has culminated in several hundred people being there some summer days.

All the relevant local bodies are aware of these issues but what is needed is a long-term plan to ensure that the riverside is protected and does not become overrun with short-term facilities.

Speeding and Traffic Flow Through the Village.

There is a volunteer group of people regularly monitoring speeding through the village. Their findings need to be regularly reported to the relevant council bodies. Essex County Council need to be lobbied to change their current policy to 20 miles per hour throughout the village.

Consideration needs also to be given to how to control the flow of heavy goods vehicles through the village. This has become increasingly a problem with the increased car traffic into and out of the village.

Support for and work with the Local School and Local Community Groups.

Dedham is a thriving community with active community groups and a highly rated primary school. Both the school and the community groups need to be encouraged to engage in more activities that directly address how Dedham can be more sustainable, to encourage greater walking and less use of cars and when necessary, suggest car sharing.

For the school, propose reintroduction of the Walking Bus. A forum for young people to express their views and vision for the future of the village.

Develop a Housing Strategy.

Dedham is a village where house prices are very high, reflecting its position in an Area of Outstanding Natural Beauty. Whilst recognising the opportunities and spaces for further housing development in the village are limited, there is a need for relevant local bodies to work together to develop a long-term plan for housing development that prioritises the needs of people with lower incomes, younger people, and families.

Community Well-Being.

Within the village there are several businesses that provide support for healthy living, lifestyle choices and wellbeing. It is recommended that this is an area where more could be done to promote these businesses, to discuss with them how their services can be made available at affordable prices for the local community and above all to work together to develop a strategy for community well-being.

Ten Point Charter for Action for 2023.

- 1. All relevant local bodies including police and environment agency work together to ensure the use of the river area is in keeping with protecting an Area of Outstanding Natural Beauty, banning picnics and the use of unlicensed craft on the river.
- 2. Encourage greater use of public transport to and from the village.
- 3. Investigate potential of appropriate cycle routes from the village to Manningtree.
- 4. Install electric car charging points in car parks.
- 5. Have a 20 mile an hour speed limit within village boundaries.
- 6. Ensure all visitors to the village are aware of the aims of Sustainable Dedham through appropriate websites and social media and encourage them to act in an environmentally friendly and socially responsible manner.
- 7. Oppose plans such as the installation of pylons in and around Dedham that may affect the landscape and the quality of life of people living in the village.
- 8. Encourage appropriate bodies responsible for housing development in the area to focus on affordable housing for the village.
- Develop a network of interested bodies who can co-ordinate provision and promotion of healthy living and well-being for both residents and visitors to the village.
- 10. Develop a community network to monitor of these actions.

If you would like to be involved in a group in the village to monitor progress on this strategy please contact me at d.bourn@ucl.ac.uk

Professor Douglas Bourn

Report from CIIr Barber.

In my previous update earlier this year, I explained we awaited Essex Highway's report on road safety and traffic management. This was intended to be the first step in delivering the Parish Council's road safety and traffic management plan. It was backed by £12,000 of funding from the Parish Council, my locality budget and Essex Highways.

Unfortunately, the report fell short of expectation. It was meant to review traffic as a whole, including Boxted and Langham, to take a holistic approach to the challenges faced in the area.

Disappointingly, it failed to do so and only proposed two village gateways as the solution to road safety and traffic issues. This is, clearly, not sufficient.

Therefore, myself and the Parish Council are urgently requesting a meeting to review the report and ensure sufficient action is taken. So far, we are still waiting for a response. We will keep the community updated on this urgent matter.

In more positive news, I am pleased with progress on my Digigo campaign. You may recall from my last update that this is an on demand and electric bus service. This has been popular and successful in trial areas elsewhere in Essex. A decision on funding the initial scoping study, which would cover matters such as location, cost, frequency etc, is set to take place later this month (June).

In Essex, we have successfully secured more than any other authority, £4,890,97.00, from the Government for the extension of the cap in bus ticket prices and investment in bus routes. The £2 cap per single journey is being extended until end of October. Single tickets will then be capped at £2.50 per single journey until November 2024. I am also working with ECC to extend the 81a 16:00 service to continue to Manningtree station and Lawford Place, following requests to do so. ECC is negotiating with First Essex on this at the time of writing.

ECC's Community Initiatives Fund is now open. This is a £350,000 fund to support community projects. There is also the Government funded Rural Prosperity Fund, which is administered by Colchester Council, that has now launched. If you are interested in either of these funds, please do get in touch on cllr.lewis.barber@essex.gov.uk for more details.

The service that most people interact with on a day to day basis is our highway network. That is why I am pleased to have supported ECC increasing the highways maintenance budget by an additional £12 million for this financial year, including for pavements, on top of a planned rise that had already been budgeted in. The Government has also allocated a further £5 million plus to Essex to help with potholes. This means our highways maintenance budget has increased by around £17m extra this financial year. I promised to secure a fair deal for our Highways and I am delivering on that. Last financial year, I had also voted to increase the highways budget with a priority repair scheme.

The areas in Dedham I put forward were Southfields/The Drift, Mill Lane and Stratford Road. There have been delays to these due to the extended wet weather period and National Highways not granting a diversion permit for the Mill Lane works. Mill Lane will be repaired 10-12th August (due to the National Highways permit being needed) while the other works should be completed by the end of June. I am also pleased to have secured repairs for Bargate Lane and Birchwood Road too.

Report from Clir Barber.

If you have any highways issues, please do get in touch on cllr.lewis. barber@essex.gov.uk with details and we will do what we can to get the resources to resolve it.

On waste, Colchester Council has voted to introduce garden waste charges and scrap the waste drop-off service in certain areas, although Dedham is maintaining its drop off location. I do fear the impact this will have on traffic at the site as people travel from elsewhere to use the few remaining locations. I am opposed to cuts in these services and I voted against them. Colchester Council has scaled back its cut to the waste drop off service after myself and four other colleagues identified a constitutional technicality. This allowed Dedham's to be retained. However, the garden waste charges continue unfortunately.

Essex County Council is trialing a booking system for use of its recycling centres from March 13th to help cut waiting times and reduce unauthorised commercial waste. This trial is an extension of the larger vehicle booking system throughout the county and the existing all booking system in Rayleigh. The system works well in Rayleigh and Suffolk so I hope it will achieve similar results here. I have raised with the cabinet member concerns that this may cause fly tipping. However, I am reassured by a recent investigation by DEFRA that concluded booking systems do not lead to such an outcome and that the first few months of the trial has not seen any increase in fly tipping. welcome your feedback on your experiences of this.

I also know how disappointing the littering along the A12 is. I have raised this with the relevant authorities and Colchester Council is working with other local authorities in the area to create a joint plan of action to tackle this issue. Enforcement is also key as

individuals that litter are ultimately responsible and it is taxpayers who end up footing the bill.

Finally, The Dedham Vale National Landscape and Stour Value Forum will be held on 14th September 2023 at the National Trust tearooms, Flatford 6-8pm. The theme of the forum will be "A National Landscape fit for the 21st Century?" Please do come along to discuss a range of matters affecting the area. There will be a dark sky walk afterwards too. This is a snapshot of the work I have been doing. I have an email newsletter in which I share regular updates on local matters, from roadworks to grant funding.

If you wish to subscribe, please contact me with subscribe in the header. Please also follow my Facebook page @cllrlewisbarber

Cllr Lewis Barber Member for Constable Division **Deputy Cabinet Member for Highways** Maintenance and Sustainable Transport Deputy Cabinet Member for Community, Equality, Partnerships and Performance



Turn down your water heater temperature, 55/60 degrees is high enough to kill bacteria.

WINS

Gardening Notes.

Gardening fun in the sun.

The height of summer is ahead and although there's still plenty to do, don't forget to make time to enjoy the fruits of your labours with a cool G&T (or tea or fizzy water) in the sun. For me, that means seeing lilies and balls of blue agapanthus that have taken over from spires of delphiniums, while clematis and dahlias are showing variety of colour and form in every bed and border.



As some roses start going over, we probably all know how important deadheading is to keep them going, but you can sometimes encourage a second flush of flowers on delphinium, foxgloves, lupins and verbascum by deadheading them too. Wait until the initial spike has stopped flowering, then remove it and let any side shoots take over. This works for hardy geraniums too once the foliage starts looking a bit tatty. Just cut them back to ground level for a second flush of leaves and – if you're lucky – a few more flowers.



Lillies

If you're growing dahlias, then get the best of them with plenty of nourishment: liquid feed and plenty of water. I gave up watering in the heat of last summer and most of my dahlias did very poorly as a result. Feeding can be key to get the best from many plants (especially if you're thinking of exhibiting). Nitrogen-rich feed is typically given earlier in the season before buds burst or fruit starts to form, as it encourages greenery, in other words strong stems and foliage. Feed too much of it or too late in the season and you'll get plenty of greenery at the expense of flowers. For flowers and fruit, you need a potassium-rich (sometimes also called high-potash) fertiliser, which is great for dahlias, sunflowers, chrysanthemums, tomatoes and, if you're going to give them a go, cucumbers and melons.

Gardening Notes.

Speaking of tomatoes, don't forget to pinch out the side-shoots if you're growing cordon (also called indeterminate or vine) varieties and tie in the leading stem until the fifth or sixth truss of flowers has set fruit, then cut it off. Remove yellowing lower leaves as the summer progresses to improve air circulation. Cucumbers also need pinching out – two leaves beyond any developing fruit - and remove old cucumbers to encourage more flowering. Train them up a wigwam of canes rather than letting them trail on the ground like courgettes and bury a small plant pot into the soil and water into it. This will help water reach the roots but stop you soaking the stems which can cause them to rot.

Like dahlias, keep camellias and rhododendrons well-watered over the next couple of months but especially in August when they are forming their flower buds for next spring's display. If



yours didn't flower well this year, it's most likely due to drought during the blazing hot weather in '22.

Finally, I'm going to try taking clematis cuttings after we were donated a couple of beautiful home-grown plants at our Plant Sale this year. If you want to try your hand at it, July is a good time to cut off a long piece of this year's growth (ideally non-flowering) and create sections about 8-10cms, each with a pair of leaves (you might see tiny buds nestled between leaf and stem). Trim each cutting immediately above the pair of leaves and about 3-5cm below. Insert the stem into the compost so the point where the leaves meet the stem rests on the soil surface. Keep the cuttings moist and in humid conditions (a propagator or plastic bag is ideal) and once successfully rooted, you'll see the buds grow to form a new plant.

Elliott Frisby

Don't forget that our Autumn Show is on Saturday 2nd September when there's a chance to exhibit the best of your garden roses in five hotly contested classes, show off your dahlias (every garden or container has room for at least one), your best baking, photography, flower arranging, fruit, veg and more. Check out some tips in the July/August 2022 edition of the Parish Magazine online and give it a go – it's fun and free!

Scan this QR code to access our website, www. dedhamgardening. wordpress.com



Clematis

Dedham Primary School.

The end of the academic year is always a busy one with school trips, sports days, transition events and the school production filling the calendar. The warm, dry weather also allows for the classroom to move outdoors more than usual and as a picture is worth a thousand words, here are a few photos of outdoor learning in action.



Class 5 visited a local fruit farm to their support work on plant reproduction in science and seasonality in design technology.

Class R, Class 1 and Class 2 have all had the opportunity to enjoy Forest School sessions

three



Class 6 all had the opportunity to try sailing.

Class 3 took part in an immersive Stone Age experience.



Class 4 made musical instruments and composed outside.



Class 1 loved hunting for fossils and shark teeth in Walton on the Naze.

trained teachers.



Dedham Primary School.

The whole school continues to enjoy the school's new adventure playground at break and lunch times. Year 6 children all completed the Bikeability course. These photos are just a snapshot of the many learning activities which the children have enjoyed over the past few weeks.

Please visit our school Twitter account @PrimaryDedham to find out more. We will also be sharing some incredible artwork at the Tendring Show this year and will be participating in the Wild Escape project at the Munnings Museum.

The school grounds and environment continue to undergo exciting development. Beyond the new school gates and school sign, impact can be seen both inside and out. Our adventure playground, funded by our Parent Group and donations from the Dedham Run, is a huge hit with the children and it has helped to transform playtimes. Work on the school library and outdoor classrooms for Class R and Class 1 continue and we look forward to sharing photographs of these areas in the new school year.

If you are interested in donating books for our new school library, more information can be found on our website.

https://www.dedham.essex.sch.uk/howwe-learn/teaching-of-reading

Amidst the busy calendar of events, the end of the school year is also a time to reflect upon the year gone by and 'a job well done' as children move on to the next chapter of their education. To all our school leavers this year, we wish you every happiness for the future and look forward to hearing about the many successes and achievements which you will no doubt enjoy in the years to come.

Laura Valentine Deputy Head Teacher



Samuel Barker's Almshouses Registered Charity No 208641

ALMSHOUSE VACANCIES

Two vacancies have occurred in the Samuel Barker's Almshouses in School Lane, Dedham.

The Trust requires that a resident shall be

- of 'limited means'.
- not less than 55 years of age, single, and with a preference for women.
- in good general health.
- and who have a connection with the Parish of Dedham.

The properties are expected to be available for occupation during August.

Apply in writing to the Secretary to the Trust: Fiona Dominic Gardeners Cottage, Gun Hill Dedham, Colchester CO7 6HP

Closing date for applications 31 July 2023

DEDHAM PARISH CHURCH Guided Church and Tower Tours.

AVAILABLE ALL YEAR "FANTASTIC VIEWS", "I LOVED RINGING THE BELLS"

BOOK A GUIDED CHURCH TOUR, TOWER TOUR OR BOTH WITH OUR EXPERIENCED TOUR GUIDES.

Please email in advance to stmaryda@gmail.com or call the Parishes Office on 01206 322136.

The cost is ± 5 per person. Family ticket available from ± 10 for up to 5 people. For Tower Tours, children between the ages of 8 and 16 must be accompanied by an adult. Unfortunately we cannot accept any children under the age of 8.

A new Tower Tour video has just been produced in memory of Roy Laverick who was a Tower Tour guide. You can find it on YouTube, just enter this link - https://youtu.be/tf_aG4zREiM.

A vacancy has arisen at the Mary Barfields Alms Houses, Crown Street, Dedham.

Applications are invited from widows or spinsters who are over 60 years of age and are resident in Dedham or have strong ties with the village.

Please address applications to:

S J White Chairman for the Trustees Mary Barfields Charity Westvale High Street Dedham CO7 6HL

NEED HELP WITH DIGITAL SERVICES?

We can help you to:

- Set up a device
- Keep safe online
- Create an email account
 - Use social media
 Shop online
- Access online Council Services
- Register online for GP services

And so much more.

We will be at the DUCHY BARN, DEDHAM

on Thursday July 20th between 10:30 and 12:00.





The next meeting of Dedham Parish Council will take place on **Monday 3**rd **July at 6:30pm** in the Duchy Barn.

The Agenda for the Parish Council meeting always includes an open session - Have Your Say and visitors reports (CBC and County Councillors).

Questions may not be answered at the meeting but may go on to the next agenda. A maximum of 3 minutes per person/group to make representations to the Parish Council, a total of 15 minutes. The agenda and other documents can be viewed on the homepage of the Parish Council website.

At the Annual Assembly in May, the Chairman of the Parish Council presented his annual report. You can read a copy via a link on the home page of the parish council website.

We have unfortunately lost two councillors this year who resigned for personal reasons, namely Anne Fletcher and Terry Haines, but we were fortunate to co opt a new councillor, Richard Thorkildsen.

Needless to say we still have two vacancies for councillors and would encourage residents to consider applying for these posts, particularly if they want to influence how we spend public money and the services we provide.

If you wish to be considered please write to the clerk in the first instance, contact details are on our website.

Sustainable Dedham. A new section has been added to the Parish Council website giving more details on the Sustainable Dedham

project. (www.dedhamparishcouncil. co.uk)



Colchester City Council

SATURDAY HOUSEHOLD DROP OFF SERVICE IN DEDHAM, SATURDAY 29th JULY.

A free Saturday household drop-off service will be available in selected locations on specific Saturdays during the spring and summer months. The next date for Dedham is as follows: 29th July at Parsons Field (Dedham, Entrance to School), 10am – 10:45am.

We will take away:

Small loads from domestic properties – use this service to dispose of bulky items not normally collected with household waste items that can be recycled.

We will not take:

- No upholstered seating (i.e. no sofas, arm chairs etc) - book a special collection.
- Large loads, fridges, freezers or other electrical goods – but you can book a special collection.
- Hazardous waste such as asbestos, batteries, liquids or gas bottles – Find more information on how to throw these away.
- Business waste these can be arranged through our business waste collections
 - Garden waste

.



THE ASSEMBLY ROOMS Saturday 18th November, 8.30-11.30am. Pay on the door by donation.

Stour Valley U3A learn, laugh, live

Make the most of life once you're no longer in full time work and come and explore new ideas, interests and skills. Across the country U3A members are learning, staying active, meeting new people and having fun later in life. It's local, social, friendly, low cost and open to all.

We have over 40 interest groups including walking – from strollers to 5+ milers – theatre, garden visits, art appreciation, curry club, science group, keep fit, pickleball there's something for everyone. Monthly coffee mornings are held on the first Friday of the month 10am – 12pm at the Lambe School, East Bergholt.

Our monthly lectures are held on the second Wednesday at 2pm in the Constable Hall, East Bergholt. Guests are welcome for a charge of £4.

12th July. Tania Harrington will talk about "Selfie Power – a History of Miniature Portraits".

Please take a look at our website www.u3asites.org.uk/stourvalley for more information and contact details.



THE DEDHAM EDUCATIONAL FOUNDATION

The Trustees invite applications from residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St. Mary for financial grants that are available in the following categories:

Secondary Schools & Sixth Form Colleges

Applicants must be at least 12 years old on the 1st August in the year of application.

Universities & Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least 2 years prior to the application date.

For an application form, or further details, please contact the Clerk to the Foundation, Mrs. Claire Arculus, at <u>dedhamefclerk@gmail.com</u> or 07752201441.

Closing date for applications:- 31st October 2023.



LIVING Directed by Oliver Hermanus (12A) 2022 Wednesday, July 19th, 2023 7:30pm to 10:00pm.

Living' is the story of an ordinary man, reduced by years of oppressive office routine to a shadow existence, who at the eleventh hour makes a supreme effort to turn his dull life into something wonderful - into one he can say has been lived to the full. he searches for meaning until a simple revelation gives him a purpose to create a legacy for the next generation. Starring Bill Nighy, Alex Sharp and Aimee Wood.

Tickets £5 will be available online on our website, In-person at St Helena Hospice Shop, Dedham High Street or on the door.



23



COFFEE WITH COP5

PCSO Gary Woolford 42072690 is based in Colchester.

Every month Gary holds a one hour coffee with cops session by the Dedham War Memorial in Royal Square.

The future dates are: Thursday 13th

Wednesday 16th A

13th July 16th August

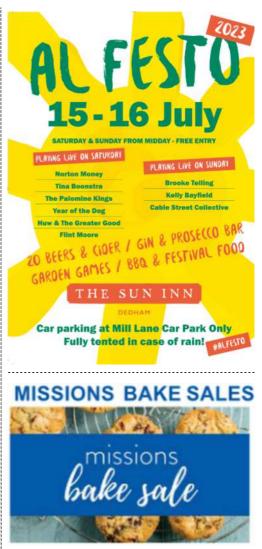
14:00hrs. 10:00am.

MEET UP MONDAYS @ THE SUN INN. DEDHAM



DO YOU FEEL LIKE THE WEEKEND HAS DRAGGED? ARE YOU FED UP WITH YOUR OWN COMPANY? MAYBE YOU ARE NEW TO THE AREA? YOU ARE INVITED TO COME ALONG & ENJOY A FREE CUPPA & SOME FRIENDLY CHAT. WE'RE HERE FOR TEA, COFFEE AND CAKE AS PART OF #MEETUPMONDAYS #DONTBEONYOUROWN

11 AM to 12PM EVERY MONDAY



2023 Dates.

Saturday 29th July. 10am to 12noon. Bank Holiday Monday 28th August. 10am to 4pm. Saturday 30th September. 10am to 12noon. Saturday 28th October. 10am to 12noon.

Music in the garden at Munnings.



During July and August, there will be free, acoustic music sessions in the beautiful gardens of the Munnings House Museum in Dedham.

Local musicians will be playing a wide variety of acoustic music next to The Garden Cafe on Sunday afternoons between approximately Midday and 3:00pm.

The styles of singing and playing encompass Folk, Jazz, Bluegrass and Country and Western genres. Parking is free and so is the music, so do come along and support live music in Dedham!

Please put the following dates in your diary:

Sunday 16th July - The Bricklayers Bluegrass Band,

Sunday 23rd July - English, Irish and Scottish music by Alan and Jeff.

Sunday 30th July - American harmony singing by Mike and Sandy Rodgers.

Sunday 6th August - The One Tree Hillbillies Band.

Sunday 13th August - The Bluegrass Connection Trio.

Sunday 27th August - A Little Further Back Trio (Jazz and Americana).

Dedham Baby and Toddler Group

All Babies, Toddlers, Pre-Schoolers, Parents, Grandparents, Nanny's, Carers welcome



Dedham Sports Club-Southfields, CO7 6AH

Join us every Tuesday 10am-12pm (term time only) for fun, toys, messy play, crafts, singing, storytelling, games and music ______

£3 per child or £5 per family. Includes hot drinks for the adults and a yummy snack for the kids.

F B

Please join our Facebook Page and feel free to message us with any quer 'Dedham Baby & Toddler Group'



Dedham Art Society

Come and join our friendly art group. Guests and visitors are welcome to attend our sessions in the Assembly Rooms. Your first 'taster' visit is free. We meet on the 2nd and 4th Thursday of the month. We are an amateur group who enjoy painting regularly. Occasionally we have guest tutors, the rest of the time we help each other, beginners welcome.

If you require any information about our activities or joining the Dedham Art Society please contact us by email at dedhamartsociety@gmail.com or visit our website at http://www.dedhamartsociety.co.uk

Thursday 13th July, from 10am at Flatford Mill, Suffolk.

Members painting outside session. This week we will spend the morning & afternoon sketching & painting at Flatford Mill. Meeting in the Flatford tearoom, please stay as long as you wish. Phone 07872 334729 to book.

Thursday 27th July, 2pm - 4.30pm at the Assembly Rooms Members painting together session This week's optional theme is based a theme of capturing light in your choice of medium.

Thursday 10th August, from 10am at Castle Park, Colchester.

Members painting outside session. This week we will spend the morning & afternoon sketching & painting at Castle Park. Please stay as long as you wish. Phone 07872 334729 to book.

Thursday 24th August, 2pm - 4.30pm at the Assembly Rooms Members painting together session This week's optional theme is based a floral theme in your choice of medium. Free to Members *Non - members £5. Phone 07872 334729 to book

Dedham Art Society Exhibition

Our current exhibition of a selection of members work can be seen at The Munnings Art Museum's Garden Cafe until the museum closes for the winter in October. We have swapped over the display of artwork at the end of June and it will refresh again in August. Do pop into the Garden Cafe for a coffee and take a look! Art work is for sale. Original art for every budget, all mediums represented; Oil, watercolour, acrylic, graphite pencil. Some lovely paintings of local scenes.

The Garden Cafe is open Wednesday to Sunday and Bank Holiday Mondays, 10am to 4.30pm.

The Munnings Art Museum, Castle Hill, Dedham, Colchester, Essex, CO7 6AZ



Bella Flores, (watercolour) by member Sheila Martin

26



Kingsleigh

High Street, Dedham, CO7 6DE 01206 940123

Property Consultants



Dedham Mill, Mill Lane, Dedham, CO7 6DJ

Located in the highly sought after, converted Dedham Mill, in the heart of Dedham and on the banks of the beautiful River Stour, this second floor apartment (serviced by a lift) offers accommodation comprising living / dining room, kitchen, two bedrooms and a shower room.

The property also benefits from use of the extensive communal gardens and an allocated parking space. Council Tax: Band C Leasehold

EPC Rating: TBA

Leasehold Guide Price £290,000

Award-winning local, independent agent

- Fully immersive 360° tours
- Bespoke particulars
- Floorplans
- Social media adverts
- Professional photos
- Premium Rightmove listings
- · Experienced, award-winning team
- Associate office in Park Lane, London





SALE

SALES & LETTINGS

sales@kingsleighresidential.co.uk lettings@kingsleighresidential.co.uk www.kingsleighresidential.co.uk



EXQUISITE ATTENTION TO DETAIL

TOAD HALL THE HEATH, DEDHAM ESSEX,CO7 6BT 01206 323230

WW W.BAILANDCONSTRUCTIONLIMITED.CO.UK ENQUIRIES@BAILANDLTD.CO.UK





RIBA Chartered Architect Mark Fage

Tel: 07976 655387 LONDON ESSEX SUFFOLK www.markfage.com

Dedham Parish Magazine thanks the Advertisers for their support



by Julia Foster MSc, RM, SCPHN, Aesthetic Nurse

- · Anti-wrinkle injections
- Dermal Fillers
- Body Contouring
- Aqualyx fat dissolving
- Teeth grinding Facial Slimming
- Nefertiti Neck lift Necklace lines
- Tear Trough correction
- Nonsurgical rhinoplasty
- Facial contouring packages
- Gift vouchers available

20% OFF Quote code Dedham

a same



juliacfoster@yahoo.co.uk 🔤

Clinic One, Clarkes farm, Harts Lane, Ardleigh, CO7 7QH 🔞

Dedham Parish Magazine thanks the Advertisers for their support

Right at Home Colchester & District

Quality Care & Support, from hourly visits to Live-In care.



Our services include:

- Companionship
- Transportation and errands
- Meal preparation
- Light housekeeping
- Help with washing
- Personal care
- Medication support
- Post-operative support
- Live-In care
- Specialist Dementia care
- Hospital to home

and much more ...

01206 932792

Contact us today on:

- 01206 932792
- colchester@rightathomeuk.com
- www.rightathomeuk.co.uk/colchester

Dedham Parish Magazine thanks the Advertisers for their support

reQuality

Good



Dedham Parish Magazine thanks the Advertisers for their support



Distillery tour and tastings every Saturday - book online.

Shop open Fridays and Saturdays 10am - 3pm, stocking produce from great local suppliers.

Landermere, Thorpe-le-Soken, CO16 0NH | 01255 258833 www.eastcoastdistillery.co.uk | hello@eastcoastdistillery.co.u



TIDE'S

der Pear GIN

ORTUNE



The EssexLottery is a weekly lottery run by Essex County Council to help the county's charities. **Sixty percent** of ticket sales goes to good causes that benefit Essex residents—more than double the proportion for the National Lottery. 50p from every $\pounds I$ goes to the good cause chosen by the lottery player and 10p goes into a central fund for smaller causes. Local charities or good causes can register free of charge. More details

online: www.essexlottery.co.uk



Here whenever you need us

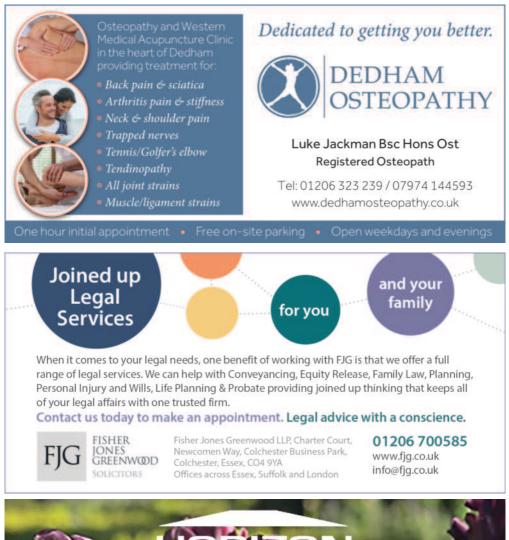
Funerals | Memorials | Pre-paid Funeral Plans

Hunnaball of Colchester York House, 41Mersea Road, Colchester CO2 7QT 01206760049 Geo. Paskellof Manningtree 19aHigh Street, Manningtree, CO111AG 01206 396709

www.hunnaball.co.uk



Dedham Parish Magazine thanks the Advertisers for their support





Dedham Parish Magazine thanks the Advertisers for their support



Tel: 01206 322674 Mob: 07732 039726

Email: nicola.pedicare@gmail.com Web: www.pedicarefootclinic.co.uk Also at Pedicare: Felicity Watts **Reflexology** in need of relaxation?

Please contact Felicity for an informal chat about the benefits of Reflexology and how it can help you.

T: 07432 098079 E: fjwattsreflexology@gmail.com

Relax • Restore • Revive

Dedicated to the care of your feet

London House, High Street, Dedham, Colchester CO7 6HA





SPECIALIST TREE SURGERY . ARBORICULTURAL CONSULTANCY

07841 623027 www.jftreespecialist.com



Ann Mason Care

FULLY INSURED AND COUNCIL APPROVED FREE ESTIMATES AND EXPERT ADVISE

01206 231720 · INFO@JFTREESPECIALIST.COM

What we do

- Tree Surveys
- Planting and Aftercare
- Fruit Tree Pruning
- Felling and Dismantling
- Tree Monitoring
- Hedge Cutting
- Stump Removal
- Fencing
- Landscaping
- Logs and wood chip supplied
- Mobile sawmill service
- Mowing contracts
- Crown Reduction, Lifting, Thinning and Cleaning



Rehab at Home

Our team of Chartered Physiotherapists and Rehabilitation Assistants will be with you every step of the way, by creating and regularly assisting with your personalised exercise plans to help you become stronger, fitter, more mobile and independent in the comfort of your own home.



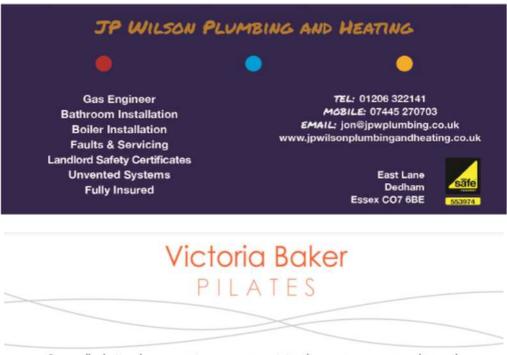


ann mason c a r e



Holton Business Park, Holton St. Mary, Colchester, CO7 6NN. Telephone: 01206 233372 Visit: www.annmasoncare.co.uk

Dedham Parish Magazine thanks the Advertisers for their support



Personally designed courses to improve posture, joint alignment, movement and strength. Group and Individual sessions in a private, comfortable studio.

The Assembly Rooms High Street, Dedham Colchester CO7 6HJ



office 01206 322244 mobile 07887 987280 www.victoriabakerpilates.com



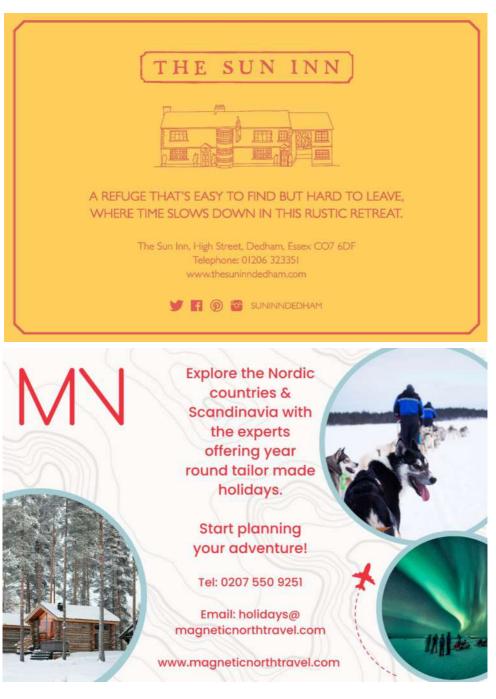
Dedham Parish Magazine thanks the Advertisers for their support



beanam sports Pavilion is available for hire. Ideal for private parties, community groups and small business events. Can accommodate up to 60 people. Modern kitchen and bar on request. Beautiful location overlooking playing fields, small car park, outside veranda, ramped access. Preferential rates for community groups. Please call us to discuss your requirements. Andrew Bell 07753 838375, Nicola Baker 07860 173214 ADVERTISE in this magazine for as little as £105 per annum (Eighth page, B/W). The advertisement will included in TEN issues: Jul/Aug & Dec/Jan are combined. There is no VAT to be added. Advertisement location is subject to availability at the time. We do not accept cash payment, only bank transfers or cheques.

Please contact

dedham.advertising@gmail.com for more information and details of rates for other sizes of adverts.







DUCHY BARN COMMUNITY CENTRE

The Duchy Barn Community Centre holds its community coffee mornings on Tuesdays and Thursdays of each week from 10.30 am - 12 noon. The Barn is available to hire at very reasonable rates for small functions/celebrations/group meetings etc.

To make a booking or for further details contact Anne Rowledge on 01206 322394





ACT, REDUCE, SAVE.

Knowing what was to come, would you have done everything in your power to prevent COVID-19?

OF COURSE YOU WOULD HAVE!

The volume of CO2 produced each day from the entire population is putting the planet in danger. To avoid a climate pandemic, that will have *critical consequences* on our future, we need to **ACT** now.

To **REDUCE** our carbon footprint, let's start with improving our homes. HIGAIN Termo Clima is an established UK company that has been installing renewable technology solutions since 1988.

We can offer a result-based planning consultancy service ranging from application to design to structure; and will thereby reduce the CO2 produced by your home, improve your energy efficiency and SAVE you money - as well as the planet.

WE ARE APPROVED INSTALLERS OF:



altherma ZOPPI

ENQUIRE NOW! Tel: 074 15118 497 / Mob: 01206 322037

E sales@higaintc.com

SOLAR PANELS

BATTERIES

HEAT PUMPS

RECC

SOLAR

THERMAL

SWITCH TO GREEN ENERGY









ECO FRIENDLY WOOD BURNING STOVES

MANTLE & FIREPLACE INSTALLATIONS

MEDIA WALLS & ELECTRIC FIRES

SERVICING & CHIMNEY SWEEPS

GAS BOILER & FIRE SERVICING

KILN DRIED OAK SUPPLY & DELIVERY

Come and visit our showroom to discuss your requirements and arrange a free, no obligation survey

> Bentley Fire Shop, Plough Road, Great Bentley, Colchester, CO7 8LG

01206 251118 sales@bfsheating.co.uk @bentleyfireshop

Please mention Dedham Parish Magazine when you contact any of these Advertisers

Manningtree Body Repair Centre

Riverside Avenue West Lawford Manningtree Essex CO11 1UN Tel / Fax: (01206) 393 191

All Vehicle Body Repairs & Refinishing work undertaken including:

- · Insurance Work, MOT welding, Panel Beating and Spraying
- Assistance given to "Non-Fault" Third Party Insured
- · Collections and Delivery

Friendly, Professional Chauffeur

- Chauffeur driven Mercedes Benz E Class
- Serving Essex and Suffolk
- Fully licenced, trained and insured
- Courteous, professional and friendly
- Based in Ardleigh, Colchester

Call us today for a free quote 07889 924 307

valleyexecutivetravel.co.uk

info@valleyexecutivetravel.co.uk



Daniel Williams ELECTRICIAN E



*** Offering large indoor and outdoor learning spaces ***



www.ardleighpreschool.co.uk

Tel: 07517 430114

Ardleigh Village Hall, Station Road, Ardleigh, Essex, CO7 7RS



Dave's Private Hire

Professional and friendly service

Based in Dedham

For all your travel needs:

- Visits to local shops
- Days out
- Airports
- Cruise terminals

Licensed to carry up to 4 passengers

To make a booking please call

07834 570479

davesprivatehire44@gmail.com





Providing excellence in:

- Tree Felling
- Canopy Reduction
 Hedge Cutting
 - Hedge Cutting Pollarding Garden Clearance • Emergence
- Stump Grinding
 Pollarding
 Emergency Tree Work

Tree Shaping and Pruning

Free Consultation for Small and Large Jobs

Public Liability Insurance



"A very competitive price and a VERY tidy job - * * * * *



Please mention Dedham Parish Magazine when you contact any of these Advertisers



Call for a free quotation Office: 01255 886422 Mobile: 07939 554197 Website: www.spenceelec.co.uk 24 Hour Emergency Call Out

All Electrical Work Undertaken Domestic & Commercial

ECA / NAPIT Approved Electrical Contractor Fully Insured. New Installation. Rewires and Upgrades. Solar PV & Battery storage Additional Sockets and Lighting. EV Chargers Garden / Garage Power and Lighting. Full Electrical Testing and Inspection Service. Domestic Electrical Fault Finding and Repair.

Prompt Reliable Service

P.J. SAMPSON BUILDERS

COMPLETE BUILDING SERVICE 30 Years' Experience

Tel: 01206 230619 66 Tile Barn Lane Lawford Brick work Specialist Painting & Decorating Plastering and Carpentry Plumbing & Electrics Roofing

All Property Maintenance



As more support services become digital, it is often assumed that everyone has access to a computer. But some do not.

Please support Beacon House, Colchester, so that we can help homeless people to access jobs, benefits and housing, or just keep in touch with families and friends.

All our services are free to those in need, but our costs include IT equipment, software, internet services and literacy support.

www.beaconhouseministries.org.uk Bank account: 23-05-80, 24181162







LOCAL ELECTRICIAN

NAPIT approved, fully insured.

All works carried out, including testing and fault finding.

Contact Daz for free quotations, no job too big or small.

07852 319456 d.electrics@yahoo.com

Andrew Ablett Servicing & Repairs

Foxash Workshop, Foxash, Lawford, COII 2LR

TEL: 07917 223274

Servicing, Repairs, Diagnostics Cars - Vans - Motorcycles

HOLIDAY COTTAGE

Long Road East

Weeks, Weekends & Between Houses.

Tel. 01206 323 345 / 0797 9757 470

www.holidaycottagededham.co.uk

E Mail owlbarn@live.com

Nigel Bruce

Industrial & Domestic

ELECTRICIAN

'The Swift', Upper Street, Stratford St Mary, Colchester CO7 6JW

Tel: (01206) 322 751

A.Slocombe General Builder

Hard Landscaping, Roofing and Property Maintenance

Brickwork, Blockpaving Drives, Carpentry No job too small, for free friendly advice and estimates phone 01206 322 884 / 07786 871 364



01206 231718 · 07845 249820 31 HARWICH ROAD, LAWFORD, MANNINGTREE, ESSEX CO11 2LS

LIDDLEBUILD BRICKWORK

N.V.Q / City & Guild Qualified

All aspects undertaken: New Builds, Extensions, Garden Walls Repair, Block Paving, Slab Work

Call for a free quote today Tel: 07881 095818 Email: liddleiain@gmail.com

LAWN CUTTING SERVICE

Reasonable prices & reliable service

Small/medium sized lawns.

Call Joe - 07986466403

Email -Joematthewpreston@icloud.com

Please mention Dedham Parish Magazine when you contact any of these Advertisers



Wendy's Curtains

Professionally made to measure curtains, roman blinds and soft furnishings, with a wide range of fabric samples.

01206 395996
 07966 718 414
 info@wendyscurtains.com
 www.wendyscurtains.com



Your local pest control experts for home & business

- Free advice, fast response
- Highly accredited (NPTA)
- Fully qualified & insured
- Discreet unmarked vehicles

Tel: 01473 328092 (Holbrook)

Email: info@eandspestsolutions.co.uk



Make your home perfect

Bespoke, handmade soft furnishings & upholstery



-Barbers & ladies . -Hair extensions (Remi Cachet) -Children welcome.

> Ring for appts or Just Walk in... 07751517383



For all your lock requirements, please call your local Locksmith, based in Brantham 07887 686839

Email: trevor@towneslocksmiths.co.uk



Hewes has been keeping **Businesses and Families Safe** and Secure since 1961

We protect both Commercial and Domestic properties and are a National Security Inspectorate (NSI) Gold installer and can install new systems or upgrade existing equipment.

- **CCTV Supply & Installation**
- Intruder & Fire Alarms
- Access Control & Gate Automation
- 24 hour Monitoring & Police Response

Concerned about SECURITY?

Would you like a FREE Security Review?



01206 807218

HewesGroup.com



340 The Crescent, Colchester Business Park, Colchester CO4 9AD



Dedham Vale Fitness Personal Training

- Local low cost 1-to-1 personal training
- Free consultation just call to arrange
 Qualified PT to help you reach your fitness goals
- All ages and fitness levels

👰 David Elden dedhamvalefitness@gmail.com

C 07508 783 810 o dedhamvalefitness

 Well equipped private gym or home visits • Cardio, weights, CrossFit or general conditioning • Beautiful open views while you train

- A perfect alternative to busy public gyms

DEDHAM VALE TREE SURGERY

- NPTC gualified, fully insured
- Hedge maintenance and reduction
- Stump grinding
- Chestnut cleft fencing installed
- All tree work undertaken
- Crown reduction and shaping
- Pruning and pollarding
- Felling, sectional dismantling

SPECIALISING IN BIG TREES IN DELICATE SITUATIONS

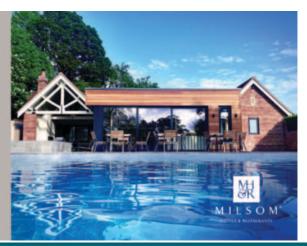
www.dedhamvaletreesurgery.co.uk

07756811098 SafeContractor



Now Open - Spa Days (morning, afternoon or all day) and individual treatments.

Call 01206 806102 to book www.milsomhotels.com/talbooth-spa







How can you create a secure financial future for your family? A conversation with one of our financial advisers could give you the clarity and planning you need for the future.

> Fiducia Wealth Management, Dedham Hall Business Centre, Brook Street, Dedham, Colchester CO7 6AD.

Telephone: 01206 321045 E-mail: email@fiduciawealth.co.uk. Visit: fiduciawealth.co.uk Authorised and regulated by the Financial Conduct Authority. FCA No. 408210

Munnings ART MUSEUM DEDWART- EEEEX

5 April - 22 October 2023 Munnings: Colour & Light

Museum & Shop open 1.30-4.30pm, Weds-Sun & Bank Hol Mondays

Cafe open 10am-4.30pm, Weds-Sun & Bank Hol Mondays

See www.munningsmuseum.org.uk for events listings

Castle Hill, Dedham, 01206 322127 reg charity no 1161304

