

DEDHAM

Parish Magazine



Photograph by John Goldsbrough of the Jubilee Flypast as it passed over Crown Street, Dedham

July/August 2022



Dedham Parish Magazine

First Published in 1876

July/August 2022

DEDHAM PARISH CHURCH

dedham-and-ardleigh-parishes.org.uk

Vicar Vacancy
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Tel: 322 136

PARISH OFFICE

Parishes Administrator Deb Turner
Tel: 322 136

Email: stmaryda@gmail.com
Safeguarding Officer Richard Hopkins
Tel: 322 361

Assembly Rooms, High Street, Dedham.

CO7 6HJ

Tuesday 9-11am

Thursday 11-1pm

CHURCH WARDENS

Vee Druitt Tel: 322 000
Peter Wilson Tel: 323 179

MUSIC

Director of Music Antony Watson
Tel: 322 425

ASSEMBLY ROOMS Tel: 323 921

CHURCH FLOWERS

Co-ordinator Helen Sims
Tel: 321 286

DEDHAM PARISH MAGAZINE

The deadline for magazine entries is the 10th of the month

Editor: John Goldsbrough
Email: dedhameditor@gmail.com
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Can we help?

Sometimes things in life can just get too much to cope with on your own... **Psalm 34:18:** *The Lord is close to the broken-hearted and saves those who are crushed in spirit.* If you would like some support or know of any one who would, please contact: Ann Shaw **Tel: 322 192** or Sue Browne **Tel: 07778 198 118**

If you have been bereaved or know of anyone who has, please contact Vee Druitt **Tel: 322 000** or Ruth Higginson **Tel: 322 598**

If you would like a lift to church contact

Ann Shaw **Tel: 322 192** Ruth Higginson **Tel: 322 598**

First Steps: Want to get back involved with church but don't know where to start?
Contact Liz and John Reed **Tel: 323 770**

Throughout the magazine local telephone numbers omit the 01206 area code unless otherwise stated.

SERVICES

JULY 2022

Sunday, 3rd July

9.30am Rise N' Shine Dedham*
11.00am Morning Prayer Ardleigh
6.00pm Concert: Kelvedon Singers
Dedham

Sunday, 10th July

8.00am Holy Communion BCP Ardleigh*
11.00am Holy Communion
CWDedham*

Wednesday, 13th July

7.00pm Archdeacon Visitation Dedham

Sunday, 17th July

9.30am Matins, BCP Dedham*
1.00am Holy Communion, CW Ardleigh

Sunday, 24th July

8.00am Holy Communion BCP Ardleigh*
9.30am Morning Praise Dedham*
5.00pm ReVive@5 Dedham*

Sunday, 31st July

11.00am Benefice Holy Communion
Dedham*

**Morning Prayer - Every Tuesday,
10.30am at Dedham Church**

**Online Prayer - Monday Morning at
7am and Friday Evening at 6pm**

* = services which are live-streamed

AUGUST 2022

Sunday, 7th August

9.30am Rise N' Shine Dedham*
11.00am Morning Prayer Ardleigh
5.00pm Evensong Dedham

Sunday, 14th August

8.00am Holy Communion BCP Ardleigh*
11.00am Holy Communion CW
Dedham*

Sunday, 21st August

9.30am Matins, BCP Dedham*
11.00am Holy Communion CW Ardleigh

Sunday, 28th August

8.00am Holy Communion BCP Ardleigh*
9.30am Morning Praise and Baptism
Dedham*
5.00pm ReVive@5 Dedham*

**Morning Prayer - Every Tuesday,
10.30am at Dedham Church**

**Online Prayer - Monday Morning at
7am and Friday Evening at 6pm**

 **YouTube** Our services are on YouTube search Dedham and Ardleigh Parishes.



Follow us on Facebook, search [Dedham and Ardleigh](#)

Scan this QR code to access the Dedham and Ardleigh parishes website.



EVENTS

July

Ardleigh Friendship Group – every 2nd and 4th Tuesday of the month: 10am to 12 noon in Ardleigh Church - outside when weather allows.

ACTS Living Stones Prayer Group – every 2nd and 4th Monday of the month, 6.25pm at Ardleigh Church.

Men's Breakfast - Saturday, 2nd July, 9am at Dedham Vicarage.
For bacon butties, tea, coffee and chat.

Organ Fundraising Concert – Sunday 3rd July, 6.00pm, Dedham Church. The Kelvedon Singers will be in concert. Arrive from 4.45pm for tea and cakes. All proceeds are in aid of the new organ. Tickets are £15, inclusive of tea and cakes. Interval drinks available for a donation. Tickets are available from David Druitt: Email: daviddruitt@gmail.com or Phone: 07748262423.

Monday Lunch Club – Monday 4th July, 12.30pm, Essex Tea Rooms. Phone 323101 to reserve a place indicating it is for the Lunch Club.

Walk and Talk- Thursday 14th July, 10am - Meet at Dedham Arts Centre at 10am for a walk, or 11am for a chat.

Mission Bake Sale- Saturday 30th July, 10am -12pm at Dedham Church

WELCOME to our new Flag Captain Micky Coburn and to our new bell ringers. So pleased to have you all.

We are really glad to be able to say we have a new Flag Captain Micky Coburn, and that Lou Davison our Bell Captain has recently appointed the following new bell ringers : Ben and his sons James and Harry, together with Wendy plus Briony and her son Ben, from Dedham. Our grateful thanks to you all.

August

Ardleigh Friendship Group – every 2nd and 4th Tuesday of the month: 10am to 12 noon in Ardleigh Church - outside when weather allows.

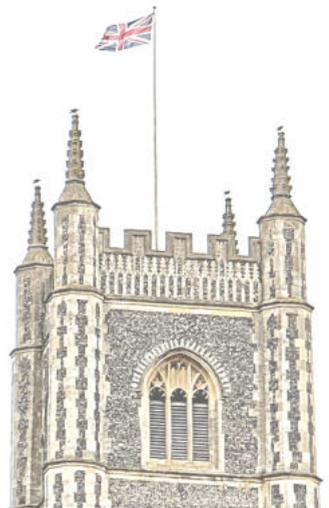
ACTS Living Stones Prayer Group – every 2nd and 4th Monday of the month, 6.25pm at Ardleigh Church.

Men's Breakfast - Saturday, 6th August, 9am at Dedham Vicarage.
For bacon butties, tea, coffee and chat.

Monday Lunch Club – Monday 1st August, 12.30pm, Essex Tea Rooms. Phone 323101 to reserve a place indicating it is for the Lunch Club.

Walk and Talk- Thursday 11th August, 10am - Meet at Dedham Arts Centre at 10am for a walk, or 11am for a chat.

Mission Bake Sale- Monday 29th August, 10am -4pm at Dedham Church





Joseph Chilton Pearce, an American writer on human development, famously said that 'we are shaped by each other.' I am certainly conscious of those who have shaped, challenged, and

inspired me. There are three people who stand out in particular: Andrew, Pete, and Jackie. I grew up in the town of Chipping Sodbury, 12 miles northeast of Bristol.

My primary school was in the nearby town of Yate and my parents, who both worked, would drop me off at school before anyone else had turned up. The caretaker, Mr Andrew Rooks, was always on hand to look after me. He was a kindly man, dressed in stockman overalls and often whistling a happy tune. He had a packet of polo mints in his pocket in case someone needed cheering up – and he was always ready with a listening ear and some good and wise advice. He was the most gentle, kind, and joyful man I knew.

On the last day of term in my final year, we collected autographs from fellow pupils and staff – and I asked Mr Rooks for his autograph. He wrote: 'A Rooks. The Lord is my shepherd'. At that moment, the source of his gentleness, kindness and joy was made clear.

My vicar growing up was a somewhat eccentric character; the Reverend Barry Marshall Palmer Palmer ffynché. Church was fairly traditional, and all the exciting things seemed to happen at the far end -

beyond where the elderly choir used to help each other into the choir stalls. I believed in God – but had a sense that God preferred to keep an eye on things from a distance.

When I was a teenager, I began attending a Methodist Chapel that had undergone something of a revival during the Billy Graham Mission of 1984. Whereas my Anglican Church were still coming to terms with the Peace, these Methodists hugged each other. And the organ and choir had given way to a worship band. But perhaps the most striking thing of all was the fact that the Methodists kept talking about Jesus with a familiarity that intrigued me. Chief among these was a former merchant naval officer named Pete. He challenged me to pick up my much-neglected Bible and I well remember reading John chapter 3 on the bus home one evening – and realising that, far from keeping his distance, Jesus was as close as close can be.

Aged 18, I found myself studying Chemistry at Imperial College. Towards the end of my first year, I went to my local church (Holy Trinity Brompton) to hear Jackie Pullinger speak. She told us of her remarkable ministry in Hong Kong and how we needed to have soft hearts and hard feet (open to be moved by those in need – and determined enough to do something about their situation). I returned to my student room with my legs shaking. I knew that I had to do something about what I had heard – even if it meant leaving behind a promising career in Chemistry. Andrew, Pete and Jackie certainly shaped my life – and I thank God for them. I also pray that God may use each of us to shape, challenge and inspire others.

Bishop Roger, Bishop of Colchester

We are very pleased to be able to let you all know that we have a new editor, John Goldsbrough whom many people in the village will have already met. We would like to thank him in advance for all his hard work and expertise.

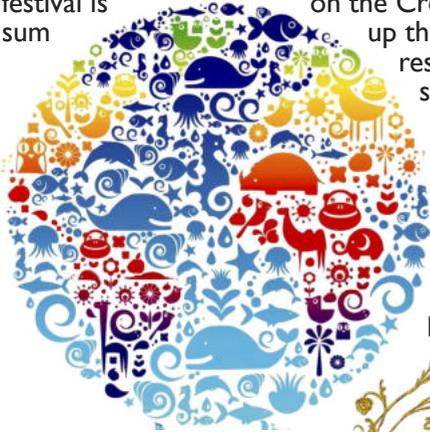
We would also like to thank Charlotte Parker who has been parish magazine editor for a few years for all that she has done for us during her time as editor. Thank you to you both.

From the new editor, John Goldsbrough.

I was honoured to be asked to become editor of the Dedham Church Parish Magazine. I would like to thank Lucy Archer for her series of articles about Dedham Life. There is no article this month from Lucy because she is taking a break from writing articles for the Parish magazine. If you need to look up any of her articles, they are all stored on the Dedham Parish Council website, www.dedhamparishcouncil.co.uk/dedham/historical-dedham/dedham-reminiscences/.

I can be contacted on dedhameditor@gmail.com if you have any suggestions for future articles. I am considering adding a section called Dedham in the News, using the British Newspaper Archive as a source for future articles.

One of my first jobs as editor was to produce the poster for the Flower Festival which takes place on the first weekend of October. The theme for the flower festival is on the Creation. I needed to find an image that would sum up the idea of Creation. The internet is a great resource for royalty free images, and the one I subsequently chose uses a series of images of animals, sea creatures and birds to represent the Americas, the Atlantic Ocean, Africa and Europe. I then needed a suitable frame to go round the image, a simple gold strand frame was selected. As the final image was to be used for a Flower Festival, a flower swag was chosen to complete the final image which can be seen on the facing page.



St. Mary's Church Dedham



FLOWER FESTIVAL on the theme of CREATION

FRIDAY 7th OCTOBER 10am to 4pm

SATURDAY 8th OCTOBER 10am to 5pm (with live music to
soothe the soul played from 4pm-5pm)

SUNDAY 9th OCTOBER 11.30am to 4pm

Refreshments: sandwiches, cakes, teas and coffees.

ENTRY BY DONATION

CREATION FLOWER FESTIVAL



DEDICATE A FLORAL ARRANGEMENT.

The flower festival team is inviting you to take part by sponsoring and dedicating an arrangement of flowers, in commemoration of someone, or something special, (for example, a wedding anniversary, baptism or in memory of someone who has passed away). The arrangement will be attached to the pillars in the church.

WE ARE SUGGESTING £30 PER ARRANGEMENT TO HELP COVER THE COST OF THE FLOWERS FOR THE FESTIVAL.

ORDERS BY THE END OF SEPTEMBER.

Please contact Jill Strangward (322006)

CREATIVE WORKSHOPS - Release your inner creativity!

Running in conjunction with the flower festival, we are holding some workshops that will tie in with the theme of Creation. These will take place on Saturday 8th October in the Dedham Assembly Rooms and the Duchy Barn between 10.00-12.00 pm and 2.00-4.00 pm. Many of us may not realise that we possess an inner creativity, or perhaps you have always toyed with the idea of trying a new art form. Here is your opportunity to enjoy a couple of hours in a creative, friendly, and unpressured small group. Who knows where it might lead!

The workshops are being offered on SATURDAY 8TH OCTOBER at 10-12.00pm and from 2-4pm. We are offering....

WATERCOLOUR classes run by Sue Bedford (Assembly Rooms)

OIL PAINTING classes run by Avril Biggins (Duchy Barn)

CALLIGRAPHY classes run by Philippa Black (Assembly Rooms)

POTTERY classes run by James Geary (Assembly Rooms)

THE COST IS £25 AND THE PROCEEDS WILL GO TOWARDS THE ONGOING COSTS OF RUNNING THE CHURCH.

Please contact Elizabeth Hopkins on 01206 322361 to book BEFORE SEPT 30

I hope you enjoyed the Queen's Platinum Jubilee Celebrations. It reminded me of the most significant event in my childhood. In the year of the Queen's Coronation, I was chosen to be the Coronation Rose Queen for our Parish Whit Walk. In Lancashire, this was a Sunday School Movement tradition in recognition and remembrance of St Agnes.

The Church of England Whit Walks took place on Whit Monday. Led by a brass band, first walked the vicar and choir with church banner flying. Then followed the Sunday School children with their banner, the new Rose Queen and her attendants, the retiring Rose Queen and her attendants, the Mothers Union with their banner, the men's Church support group, and lastly, anyone in the congregation who also wanted to sing the Lords praises at various stops along the way.

When the parade had finished, the partying began, with afternoon tea and band concert on the school playing field. Later in the evening, there was dancing in the school room. The day was the highlight of the year for both village churchgoers and non-churchgoers. Many of the latter had lined the streets and cheered on the procession year after year.

My faith at this time was totally accepting of everything I was taught about who Jesus was, His preaching and His miracles: His life and death and resurrection. I'd been baptised, recently confirmed by the Bishop of Manchester, sang in the choir, read the lessons at church services and helped out at the Sunday School.

My young life wasn't all about faith though. As a complete tomboy, I played out in all weathers, roaming the countryside, in any gang that would have me. I was one of the best apple scrumpers in the village.

In those post war years, we needed that faith. My best friend Kathleen, aged 6, was killed in a tragic accident. Another friend's mother died from TB. Also, there was a lot of post war poverty in the village. Families suffered hardship.

I believe faith is a journey. I feel lucky my mother started me on that journey at a young age. However, that faith has been questioned quite a bit over the years. My church attendance has fluctuated for various reasons.

In my 30s, I began to seriously question the Church's attitude towards women. We were damned if pregnant before marriage, damned for having an abortion, and had to be 'cleansed' after giving birth. And don't mention divorce!

But the lack of women clergy annoyed me most. Women were so active in church life. Why was there so little respect for them? I became a member of The Movement for the Ordination of Women. Slowly, things changed.

About this time, I had a deeply disturbing spiritual experience when I 'died' under general anaesthetic. I kept going over in my mind, why had I had this experience. Why was I asked 'what is Jesus's other name'? Why did my life flash before me? Why the tunnel and the light?

I was on a Heparin drip for a week, Warfarin for 5 months, and suffered spontaneous pneumothorax for over a year. Having two young children, it was a very anxious time.

When I'm asked to talk about my faith, having had the near-death experience I have to speak about it. It's an experience you can't ignore.

Sometime later, when I was in Church listening to the bible readings, I heard 'We shall call him Emmanuel, which means God is with us.' Then followed a reading about when Jesus was asked which were the two greatest commandments. Jesus said: 'Love God with all your heart, with all your soul and with all your mind' and 'Love your neighbour as yourself'. I felt suddenly very at peace. I could move on.

Time and again, recorded in the New Testament, Jesus emphasised the need for people to love as He loves and to love one another. He chose working men for his disciples, showed great respect for women and treated Jewish and non-Jewish people the same. He reached out to ordinary people. This teaching of Jesus and His example became the basis of my adult Christian Faith.

Years later, it encouraged me to train as a licenced Pastoral Assistant for our church in the Peterborough diocese when it was about to become part of a large benefice. I used to help run the Alpha Courses as part of my role. Many of the people I was called to support wanted reassurance about their faith.

I feel really blessed to be living in Dedham. I've always been happiest living in a friendly village where the church has parishioners actively giving support to the community. I try to play my part, though I'm not quite as active as I was. When I can't help, I pray for God's intervention, especially if I see injustice or distress in the life of others. We have inspirational preaching and wonderful music at church services.

God be with you.

Christine Frost



God of mission,
Who alone brings growth to your Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord.
Amen.

MY GUIDE DOG TRAINING EXPERIENCE



I was really pleased to be asked to write about my volunteering role within Guide Dogs. I am a Dedham girl, born in Rose Cottage, Stratford Road, then moving down the road to Old Orchard, living there until my marriage and move to Lawford. My family are true Dedhamites, living locally for a few hundred years with my grandfather moving from Langham to Dedham in 1891 and family members living here ever since. Attending Dedham church Sunday school from an early age was I am sure a good grounding for wanting to help people.

In 1963 as the leader of Stratford St Mary and Higham Girl Guides we started collecting foil milk bottle tops the proceeds from their sale being donated to Guide Dogs for the Blind. From little acorns mighty oaks grow and today I am still heavily involved in volunteering in many ways for the charity. At first I was happy helping but always wanted to do more by being a Puppy walker. This was put on hold for 20 years as the nearest Training centre at that time was Leamington Spa.

Marriage and growing family took precedence until my dream became a reality. With a new Training centre built at Woodford Green and my youngest son 3 years old, I was able to start my puppy walking journey. August 1988 my first guide dog pup arrived, a little black Labrador called Luke. Now on pup number 30 I have another black Labrador called Carlo.

We have the pups when they are 7 weeks old just as mischievous as any other puppy. Firstly the important thing is to bond with them, get them to respond to their name, then the house training, which some pups 'get the message' quicker than others! 'Busy' is the word we use for this. All we do with our pups is done gradually at the pups pace in a positive way. Patience is a key word.

When vaccinated our pups start their journey by being introduced to our big noisy outside world not realising we are preparing them to be life changing Guide Dogs. Our pups get used to all noises and happenings of every day life, visiting various places, especially attending church where the acoustics are very different, hearing organ music and singing are good for them to gain experience. Riding in all modes of transport, firstly they travel in our car then when ready we take them on buses and trains. To start with we just watch. I have spent many hours on Manningtree railway platform watching trains!!

Our first train ride is then on the quieter Mayflower line to Harwich. Gradually we build up to busier areas visiting towns and going in shops.

Unlike qualified Guide Dogs our pups do not have automatic right to enter shops and other public places but I have had very few refusals in 34 years, people understanding the importance of our pups gaining experience for later in their lives.

Like a pet pup there is lots for them to learn, but with our guide dog pups learning self control is important as no guide dog owner wants a dog helping themselves to goods off a shop shelf. Discouraging picking up food from pavements is important, resisting temptations by making ourselves more interesting and getting their attention. As a speaker for Guide Dogs when old enough my pups come with me to lots of different organisations and meetings.

It is important for our pups to experience all every day activities and also for us as puppy walkers to experience happenings that could be embarrassing. One example when exiting the 'ladies' after being heard to say "Good boy, sit". One does get some strange looks!. Poo bags are always at the ready, on taking a tissue out of your pocket, (maybe in church) a poo bag comes to!

Our pups like all guide dogs work hard and play hard. They have 3 free runs each week, so important for them to relax and play which they all love. This continues until the pups reach 14/15 months old when it's time for them to attend Guide dog school or in some cases join the breeding stock which selects dogs with the qualities needed for guide dog work. Guide dogs breed nearly all their own dogs having brood bitches and stud dogs living as the pups do in volunteer homes, visiting the excellent equipped Breeding Centre at the required times.

The dogs health and well being is of paramount importance and bitches have the maximum of 3 or 4 litters.

Back to school the pups will learn guiding ways and to think for themselves. At the training centre there is an obstacle course, and other work aids plus the trainers take the pups out to gain more experiences. An important part of school is the free run area for fun and relaxation.

Moving to senior level the dogs are matched with a visually impaired person whose needs they can fulfil. Speed of walking, place of home and work of their owner are all considered. Like humans all dogs are different, some much prefer the countryside others preferring the hustle and bustle of town/city life.

Excellent training is given to all guide dog owners and routes are learnt to enable them to live independent lives as sighted people do.

CARLO



MY GUIDE DOG TRAINING EXPERIENCE

Like our other pups Carlo arrived at 7 weeks old, leaving his siblings to start his new life. Although we had disturbed sleep at night he always asked to go out to relieve himself so we had few 'accidents'. He has grown up with and is great friends with my bantams and ducks, happily sharing the garden with the ducks, never chasing them. As he has grown up he has gradually experienced a lot working to the level he is now. Travelled on buses, trains, heard lots of different noises and much more. He has visited schools, brownies, WI meetings and regularly goes to the Coffee Mornings in the Duchy Barn as well as the Friendship group at Ardleigh Church. Plus of course attending church services at Dedham and Ardleigh.

Recently Carlo came with us to a steam traction engine 'Crank Up'. He took it all in his stride, lots of people, dogs and of course many traction engines in full steam going along near him. The latest experience was standing on the playing field watching and listening to the fly past for the Queen's Platinum Jubilee. No reactions, Carlo was possibly thinking he would rather have a free run, (no, not there and then, later!)

I have just been told that Carlo may leave us to attend school at the end of June. What a sad day that will be, but I have to look further on. During his schooling I will receive reports on his progress, hopefully meet him before he qualifies and the 'icing on the cake' hear from and maybe even meet his future owner. He will be a life changer!!

One thing that encourages me to keep going is remembering my friend who after going blind had no confidence to leave her house alone.

With her husband at work all day, her 2 sons at school and college the only time out was in the evenings and at weekends. This went on for 8 years until she had her first Guide dog when she went out every day!! I do so hope and pray Carlo can be a life changer like that.

My faith and church are important to me and I feel all those years ago I had a 'calling' to help in this way and give thanks to God and the many people who have helped me on my journey. Sunday school at St.Mary's Dedham was my foundation. Many many thanks.

Marjorie Culham.

MEET UP MONDAYS
@
THE SUN INN, DEDHAM



DO YOU FEEL LIKE THE WEEKEND HAS DRAGGED?
ARE YOU FED UP WITH YOUR OWN COMPANY?
MAYBE YOU ARE NEW TO THE AREA?
YOU ARE INVITED TO COME ALONG & ENJOY
A FREE CUPPA & SOME FRIENDLY CHAT.
WE'RE HERE FOR TEA, COFFEE AND CAKE AS PART OF
#MEETUPMONDAYS #DONTBEONYOUROWN

11 AM to 12PM EVERY MONDAY

Let's put on (another) show!

It's June as I write this and the garden is lush and green with flowers. Although it looks beautiful, most of my activities focus on weeding, supporting, pruning and cutting back.

It's not very exciting or interesting, so I thought instead I'd look ahead to our Autumn Show on Saturday 3rd September at Dedham's Assembly Rooms. Now's a great time to help you think about submitting an entry or two. There's no cost to enter and you don't need to be a member of the Society.

The autumn show schedule has separate sections dedicated to fruit and vegetables, as well as flowers, floral art, cookery and photography which we see in spring. In several of these classes you'll need to exhibit 3, 5, sometimes 10 of a kind, which can be harder than you think. However there are plenty of classes which if you have a small garden or just pots and containers, you can enter and have a chance to win!

You can exhibit 'a vase of mixed herbs' and only need three varieties. Chances are there's a some basil on a window ledge or mint or chives. You might have sage, a lavender shrub or rosemary bush in a pot outside. If so, then gather some sprigs for the vase you are using; any number can be used, but make sure you exhibit three different kinds of herbs.

You'll need to find 10 of the same cultivar to enter the blackberries or raspberries classes and they'll need to look as near-identical as possible. The advantage of blackberries though is that you can use hedgerow varieties – so you don't even need to grow them in your garden or allotment to enter this class!



It also means you don't need to worry about cultivars: just raid as many brambles as you can get to.

Remember to keep the stalks on though – the exhibiting world has a great fear of supermarket perfection accidentally making it onto the show bench.

Now. Flowers. If our spring show is all about daffodils and bulbs, autumn is all about the dahlia and the rose. There are five classes for dahlias and it's worth doing a bit of reading to understand the difference between them. Beginners might prefer to avoid the pompon class. It is not easy to tell the difference between pompon and ball dahlias. Also you should know that 'three single blooms' means the shape of the flower not just one flower per stem. Instead, if it's your first time I think the best dahlia class is 'two vases, three blooms in each, any cultivar(s)' as it's the most flexible. Although it's not specifically stated, most (but not all) exhibitors make the content of each vase identical.

GARDENING NOTES



You could try six of the same dahlia or two each of three different kinds. The best thing is that you don't need to know the difference between decorative, cactus, pompon or ball, you just need to take them from the same plant.

The rose section is another that anyone should feel able to enter. There are roses for containers and small spaces as well as the border, but know that this section is highly competitive among your fellow villagers. You could do a bit of research into the different kinds – the hybrid tea (HT), the floribunda (clusters of blooms on a stem) and shrub – but you don't need to do that if you enter 'five roses in a vase'. They can be any kind and any colours, just make sure there's five. Give 'em a bit of a zuzh and you're done!



There are plenty of other classes and if you can't grow, then bake or submit a photo instead. It's only a village show at the end of the day (yes, any old vase really will do). So don't be shy, give it a go. It's free to enter and we'd love to see you.

Save the date in your diary **3rd September** and look out for the schedule and entry form available on our website,

www.dedhamgardening.wordpress.com.

Elliott Frisby

MISSIONS BAKE SALES



30th July, 10 am to 12 noon

29th August, Bank Holiday Monday.
All day

24th September, 29th October,
10 am to 12 noon

And just like that, we are into the final few weeks of another academic year. It is wonderful to once again have a diary filled with events for the whole school community to enjoy. At the time of this magazine's publication, our summer fair will have taken place, Class 5 will have held their recorder concert for parents, Class 4 will have visited Munnings Museum and the whole school will have taken to the athletics track for sports day.



This year, children will be competing to earn points for their 'treehouses' which were launched back in September 2021. Will it be Beech, Oak, Hornbeam, Mountain Ash, Horse Chestnut, Maple or Cherry who will be victorious in winning the Sports Day and House Relay cups?!



Just before the May half-term holiday, Dedham Primary School celebrated the Queen's Platinum Jubilee with a morning of activities in treehouses followed by a whole school royal banquet on the playground and a performance of the National Anthem.



We hope that these photos give you a flavour of what we got up to. Thank goodness the weather was kind to us!

Our final few weeks of the school year culminate in Key Stage Two's summer production and of course our leavers' events. This year's production comes three years since the last, and it promises to be a feast of pirate jokes, songs and dancing! 'The Pirates of the Curry Bean' takes to the stage in our final week of term following Class 6's residential visit to Mersea. It's set to be a fantastic end to the children's seven years at Dedham and we wish all of our leavers every happiness and success at their secondary schools.

Finally, we wish everyone a very happy summer and we look forward to welcoming thirty new faces and personalities through our doors in September for the start of 2022-23. What next year will bring I wonder...?!

*Miss Laura Valentine,
Deputy Head Teacher.*

Platinum Jubilee Celebrations

Well it didn't rain.....a lot!

In spite of doom-laden forecasts promising a deluge, by and large the rain stayed away. Although temperatures could hardly be called balmy it was great to see so many residents turn out in raincoats, cagoules, jumpers and wellies, determined to have a good time. After two years of being cooped up many people took the opportunity to meet up with family, old friends and even make some new ones!

Thank you to the local businesses who supported the event and most sold out of absolutely everything. Andy Bell from the Sports Club spent much of the time in his car running back and forth to the wholesalers to top up supplies- a sure sign of a good party!

The music was a success with something for everyone. There was even dancing, possibly to help stay warm! This was a Dedham event for Dedham residents and most notable of all was the positive and happy atmosphere everywhere- a fitting way to celebrate the Queen's 70 years on the throne.

*Gill Neville
Vice-Chairman for Dedham Parish
Council*

gill.neville@dedhamparishcouncil.co.uk

The Church Wardens and PCC members would like to extend a huge thank you to the Parish Council and other hard working helpers for all that was done to make the Dedham Platinum Jubilee celebrations such a success in rather soggy conditions!

St Helena Hospice Wills month



Find out more at www.sthelena.org.uk/giftsinwills2022



The next St. Helena Hospice Wills month is October. Three local solicitors have waived their usual fees and will write or amend individual or mirror Wills in return for a suggested donation to St Helena Hospice. Rachel Joy, St Helena Hospice fundraiser, said: "Having a Will is really important, whatever your age or circumstances, yet more than 50% of British people do not have a valid Will.

"We are hugely grateful to Birkett Long, John Fowlers Solicitors, and Fisher Jones Greenwood, our participating solicitors. Thanks to them, all the money raised from Wills Month will go towards ensuring more local people receive the comfort, dignity and compassion they deserve, right to the end of life. "1 in 5 patients and families cared for by St Helena Hospice are supported by donations made from gifts in Wills. When the time is right for you to remember a charity in your Will, please remember St Helena Hospice."

To find out more about Wills Month or to book your appointment with a participating solicitor, please visit www.sthelena.org.uk/willsmoonth2022. Appointments must be booked via the online booking form on the St Helena Hospice website or by calling the fundraising team on 01206 931 468.

Constable Country Medical Practice – Practice Update June 2022

We are now getting back to normal following the pandemic. However, we can't be complacent as Coronavirus is still in the community and we could be affected by new variants. We have re-opened our waiting areas but please continue to socially distance and wear a face mask whilst inside the building. We continue to operate a telephone triage system when patients need to speak to one of our doctors or advanced nurse practitioners. They will phone to discuss your problem and arrange to see you in person the same day if they need to. This on-the-day system has been in operation since before that pandemic and, based on patient feedback, works well.

Please note that we have an extended team of clinicians including a pharmacist, paramedic and practice nurses. Our reception team will refer you to the clinician most suited to addressing your problem. They may also refer you to a local pharmacy if they are best placed to help you.

The preferred method of contacting the practice for non-urgent problems is eConsult. We will respond no later than the end of the next working day, and many issues can be dealt with without the need to speak to a clinician or come to the practice, e.g. referrals, medication issues, fit notes etc. though you will be contacted if we need any further information from you.

Please see our website for further details.

We meet regularly with our Patient Participation Group. They are an invaluable link with patients and help us understand what works well and how we can improve the service we provide. Please send feedback to them via the comment cards available at each practice site or via email. Their contact details are on our website. The PPG are also looking for new members so please contact them directly if you are interested.

Pete Keeble
Practice Manager

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Sunday 3rd July 2022
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4.45pm for tea & cakes: 6.00 pm for concert

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All Proceeds to St Mary's Organ Fund

To Book phone 07748 262423 or contact daviddruiitt@gmail.com
Choir website: kelvedonsingers.org.uk



DEDHAM FILMS
 Death On The Nile 12A Directed by Kenneth Branagh (2022)

Wednesday, July 20, 2022 7:30PM to 10:00 PM

Belgian sleuth Hercule Poirot's vacation aboard a glamorous river steamer turns into a terrifying search for a murderer when a picture-perfect couple's idyllic honeymoon is tragically cut short. Set against an epic landscape of sweeping Egyptian desert vistas and the majestic Giza pyramids, this tale of unbridled passion and incapacitating jealousy features a cosmopolitan group of impeccably dressed travellers, and enough wicked twists and turns to leave audiences guessing until the final, shocking denouement. Starring Kenneth Branagh, Tom Batemen and Annette Bening.

Tickets £5 will be available Online on our website, In-person at RSVP Dedham High Street or on the door.

The new Cancer Care Navigator Team

are here to help people get the right help & support with all non-medical needs.

They are trained staff working along side Ipswich & Colchester hospital & with the local GP surgeries to support newly diagnosed patients, their families & carers with practical, financial & emotional concerns they might have.

You can self-refer by calling Colchester on 01206 487288 or Ipswich on 01473 702125 or you can email cancercarenavigators@esneft.nhs.uk





“Korban saved my life... you took me under your wings and guided me to the man I am today” Ali, aged 20*

Since 2008 Korban has been helping young homeless people in Colchester by giving them a home and supporting them to move on and live independently. Our early intervention helps to break the cycle of homelessness and knock-on effects eg. lost jobs, unfinished education, mental health problems, potential substance abuse and crime. This has a hugely positive effect on the individual, and ultimately the whole community.

During that time we have helped nearly 140 homeless young people, and over the last 5 years nearly 90% of our residents have been supported to move on positively from Korban - including 4 going to university!

Korban works with young homeless people aged 16-25 to realise their potential and thrive, by providing accommodation, support and guidance enabling them to develop the character, skills and confidence to live independently.

We currently have 2 homes; a 5 bedroom hub house and a 3 bedroom move-on house, providing medium term (2 – 3 years max) supported accommodation for 8 young people aged 16 – 25 years who are homeless or at risk of homelessness.

As a Christian charity we are supported by a number of local churches and St Mary’s church Dedham has raised a significant amount of funds for Korban over the last couple of years and members of the church are involved in volunteering. Our partnership with St Mary’s is a great blessing to Korban and we want to say big thank you to the church.

Stop Press: The provisional profit from The Dedham Village Quiz which was held on Saturday June 11th, in aid of Korban, was £1,450.





KORBAN
James 1 x 15-16

KORBAN IN PARTNERSHIP WITH THE MAYOR OF COLCHESTER'S CHARITIES ARE HOLDING AN

AUCTION OF PROMISES

at WIVENHOE HOUSE on the 14th October 2022

To raise much needed funds for Colchester charities, making a difference in the local area.

Please CAN YOU HELP with a prize?

Korban is a Colchester based charity that provides supported housing for 16 - 25 year olds who are homeless. We give young people a home, support and guidance to help them develop the character, skills and confidence to live independently. We are also partner in the new Nightstop Project.

TOGETHER WE CAN HELP BREAK THE CYCLE OF HOMELESSNESS

Please contact Michelle to get involved on 01206869533 or michelle@korban.org.uk

The Mayor of Colchester 's Charities include, Colchester Korban Project, The Outhouse, AFiUK, The Next Chapter and The Colchester Arts Centre

This year Korban is also one of the Mayor's charities and we are holding an auction of promises on Friday 14th October. Tickets are £50 and include a 2 course meal, drinks reception and canapes and entertainment, please contact michelle@korban.org.uk for more information or to book a ticket.

"Korban is a place where I felt safe and where you feel safe is a home" Phoebe, aged 20*. *names and ages changed to protect residents' identities.

For more information see the Korban website. www.korban.org.uk.



Mark Wood,
Chief Executive
Colchester
Korban Project

John Chapman's Charity. Trustee Vacancy

The origins of the Charity go back to 1657 and in its modern day form it exists to assist people within the parish of Dedham who are in conditions of financial hardship or distress and it can also assist voluntary and charitable organisations set up to benefit the residents of the parish.

Following the resignation of one of the Trustees, Alan Grego, a vacancy for a Trustee exists. It is not an onerous position as the Trustees only meet once a year, normally in November, to consider the allocation of the accumulated income.

If you would be interested in becoming a Trustee of this very worthwhile Charity, please contact me at daviddruitt@gmail.com or ring me on 01206 322000.

David Druitt, Clerk & Trustee.

My Career and my journey to a more sustainable life.... From Boat Builder to Renewable Energy Consultant- it all started for me as an electrical / propulsion engineer and later as a Production Manager for Oyster Marine. I built sustainability into every boat we built; after all there are no sockets to plug into when you are sailing across the Atlantic.

In 2002, after 20 years plus in the marine industry, I decided a career change was needed. I could see the years of self-sufficiency research in the marine world could be transposed to homes in the UK. I realized I could save everyone money, reduce our dependency on the national grid and create economic independence for all.

I started working for a local electrical/heating company who had a few council contracts (Babergh, Colchester Council and even Solihull) to install heat pumps for those in fuel poverty. They later branched out to install solar PV,

In 2013, I started my own Ltd company concentrating on electrical and renewable energy systems. I pooled all my marine knowledge and what I had learnt from the other businesses I worked for, I could then offer everyone a tailored solution to their home's heating and electrical needs, whilst reducing their Carbon footprint.

I'm passionate about protecting the world we live in. I have solar panels and a heat pump in my own home in Dedham. Now that energy prices are so high and expected to rise further I know that I can really help people to run their homes more economically, as well as helping the environment we all live in.



The most affordable way of doing this is through solar panels. However I also install home batteries, heat pumps and car chargers, all of which need careful assessment to make sure they are best suited to your home.

There is an awful amount of misinformation in the industry and there are many questions I am often asked as we install, hopefully these will help you to understand:

My house does not face south can I have solar panels?

Facing south is ideal, however, a house with an east / west split has the benefit of a longer generation period. North facing or flat also works, because after May the sun is high enough to shine on a north facing roof and after all they work on daylight not just sunlight.

Is it worth having solar on the current feed it rates?

The focus on a solar system has changed from purely financial, to now maximizing the generated electric to reduce your grid usage, actually saving more money than any feed in tariff. Pay back is currently 4 -5 years, whilst those on the original feed in tariffs were expecting 8-10 years payback.

What can I do with the generated electric?

Anything you like! However, there are systems available that stop anything going to the grid: hot water generation using a solar controller, battery charging and running your high consumption items during the day i.e. dish washers, washing machines and tumble dryers also stops you having to buy electric to do these tasks.

Where can I put the solar panels?

On your roof or on the ground on a frame.

What size of system would you expect me to have on my house and how much does it cost?

An average UK house according to the Government uses 3300 Kwh of energy a year. A 4 Kwh system will generate 3700 Kwh of electricity (weather permitting) and installed and certified would cost approximately £5289.00, with Zero VAT.

Do I need planning permission?

You need to seek planning permission if you are in an AONB, conservation area or own a listed building, in most cases solar falls under the permitted development guidelines.

Can I start with a basic small system and upgrade if I need to?

Yes absolutely, you can start with a small system, 1 kw will make a nice dent in your grid consumption, you can then add as you wish up to 15 Kw pending an application to UKPN.

Is there a limit to the sizing ?

Not at all, the largest I have done is 36Kw on a village hall in Suffolk, but generally 4 kw is the standard on a single dwelling.



I take care of any of the applications to UKPN for anything larger. I have lived in Dedham for 35 years and have already fitted a lot of systems here in the village, and locally. I can advise you on what's acceptable to National Grid and the planning department. I am there for you from initial concept to the install, I am more than happy to visit and assess your needs. It's really important to me we balance what is best for you cost wise with the benefits of reducing your energy costs. I can and have also advised on SAP/ EPC levels for new builds, am currently doing seven new builds in Gt Bromley. I have designed and built them to be an A grade on the EPC and they are carbon neutral from the day of handover assuming all the electric is from renewable suppliers.

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Kingsleigh
Achieves ‘Standard of Excellence’ to make The ESTAS shortlist for 2022

Kingsleigh Estate Agents has been recognised for delivering outstanding customer service to its clients, making the shortlist of The ESTAS - the biggest award scheme in the UK residential property industry.

The ESTAS honours the best agents, conveyancers and mortgage advisors in the UK. The awards are powered by the ESTAS online customer review platform, which enables property professionals to demonstrate the customer service standards they deliver for their clients. An ESTAS review can only be completed at the end of the property transaction and a strict verification process ensures reviews are genuine. This year’s shortlist has been calculated following the evaluation of 660,000 customer review ratings.

For the first time, the ESTAS have introduced a ‘Standard of Excellence’ which all firms must attain to make the shortlist. Six hundred agents, conveyancers and mortgage brokers have been shortlisted around the UK making them one of the top property firms in the UK.

The regional and national winners will be announced at the 19th annual ESTAS ceremony held in London on 14th October. The awards will be presented by the UK’s favourite property expert, Phil Spencer.

Spencer said “The ESTAS Awards are based on real feedback, from real clients experiencing real service so they provide genuine proof of the service levels that a firm is delivering to clients. Now more than ever high quality customer service is crucial if home movers are going to realise their dream of getting the property they set their hearts on.”

Simon Brown, founder of ESTAS says “At ESTAS we’re creating a community for best practice property professionals who all share a passion for delivering great service and a belief that service really does matter.” Peter King, Managing Director of Kingsleigh Estate Agents, is very proud to be shortlisted. He says, “We take our levels of customer service very seriously because we know our clients have a choice.”



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