



DEDHAM PARISH MAGAZINE

October 2019



The deadline for magazine entries is the 14th of the month

DEDHAM PARISH CHURCH

dedham-and-ardleigh-parishes.org.uk

Antony Wilson *Vicar*

☎ **323 919**

Merv McKinney *Assistant Minister*

☎ **323 919**

PARISH OFFICE

Claire Arculus *Parish Administrator*

☎ **322 136**

Charlotte Parker *Assistant Parish Administrator & Safeguarding*

Assembly Rooms ☒ stmaryda@gmail.com

High Street, Tuesday 9-11am

Dedham CO7 6HJ Thursday 11-1pm

CHURCH WARDENS

Suzanne Woods ☎ **01255 870640**

Peter Wilson ☎ **323 179**

MUSIC

Antony Watson *Director of Music*

☎ **322 425**

DEDHAM PARISH MAGAZINE

Editor

Charlotte Parker ☒ dedhameditor@gmail.com

& Advertising ☒ edhamadverts@gmail.com

MAGAZINE CONTENT

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Can we help? Sometimes things in life can just get too much to cope with on your own... **Psalm 34:18:** The Lord is close to the broken-hearted and saves those who are crushed in spirit. If you would like some support or know of any one who would,

please contact: Ann Shaw ☎ **322 192** or Christine Mingay ☎ **230 723**

If you have been bereaved or know of anyone who has, please contact

Vee Druit ☎ **322 000** or Ruth Higginson ☎ **322 598**

First Steps: Want to get back involved with church but don't know where to start?

Contact Liz and John Reed ☎ **323770**

Throughout the magazine local telephone numbers omit ☎ **01206** area code unless otherwise stated.

SERVICES October 2019

Sunday 6th

8am	Holy Communion BCP	Dedham
9.30am	Rise N Shine	Dedham
11am	Morning Prayer	Ardleigh
5pm	Evensong	Dedham

Sunday 13th

8am	Holy Communion BCP	Ardleigh
9.30am	Holy Communion CW	Dedham
6pm	Joint Service led by Ardleigh Christians Together	Ardleigh Methodist Church

Sunday 20th

8am	Holy Communion BCP	Dedham
9.30am	Matins	Dedham
11am	Parish Eucharist	Ardleigh
3pm	Sunday@3	Ardleigh

Sunday 27th

8am	Holy Communion BCP	Ardleigh
9.30am	Morning Praise	Dedham
5pm	Revive@5	Dedham

Sunday 3rd November

8am	Holy Communion BCP	Dedham
9.30am	Rise N Shine	Dedham
11am	Morning Prayer CW	Ardleigh
4pm	Remembering loved ones	Dedham

BCP: Book of Common Prayer / CW: Common Worship

Men's Breakfast: Saturday, 5th October 9am, The Vicarage

Dedham Lunch Club: Monday, 7th October 12.30pm, Essex Rose Tea Rms, Dedham

Ardleigh Friendship Grp: Tuesday 15th & 29th October, 10am-12pm Ardleigh Church

Mission Bake Sale: Saturday, 26th October, 10am, Dedham Church



FLAG DAYS:

Sunday 6th October
HARVEST

FROM THE REGISTER: WEDDING:

7TH September 2019
Sophie Harris & Robert Laing

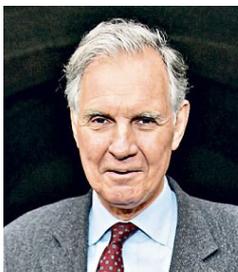
INTERMENT OF ASHES:
23rd September 2019
Dennis Stanley Anger (aged 95)

If you would like a lift to church contact *Ann Shaw*

☎ **322 192** or
Ruth Higginson ☎ **322 598**



Follow us on facebook
Dedham and Ardleigh parishes



Save the date

Jonathan Aitken - former Conservative politician and now Anglican priest will be coming to speak in church on **Sunday 8th December at 5pm**. More details in November magazine



Looking back I remember

a teacher telling our class of girls that some of us would remain single because more girls than boys were born in our decade. I was happy to accept I would be what was called then a “blue stocking”, defined as a woman more interested in academic study than marriage. I have not regretted my choice nor reversed it.

With better health provision and diet we live longer and being single is not such a once in a life time choice. Many young people are single for longer and many older people are left widowed. Divorce is more common and there are more single households than 50 years ago. Being single is not a hard or fast choice any longer.

It is worth examining what it means to be single both for ourselves and also for our relationships with others who may find themselves single, perhaps reluctantly. In order to understand and share love within community either in

the church or in a wider sphere we may need to adjust some of our ideas and our speech. A good way to do that is by sharing our experiences both negative and positive.

Sam Allberry who has chosen to remain single in his book “Seven Myths about Singleness” brings out some of the assumptions which hinder us from living a happy and productive life as single people. It is assumed in general that a single person has no opportunity for intimacy or family life and that singleness hinders helping those who live in families because of lack of understanding. He argues that is not necessarily so.

Another example of a single person is Henry Nouwen who as a celibate priest with an enormous capacity for love, lived a full life, not without its struggles. In his writings he brings out the distinction between loneliness which can be emotionally painful and solitude which can be healing and creative. Because of our uniqueness, all of us,

single or married, may experience both. In the pages of the Bible we read of many kinds of human relationships, both positive and not so positive. It is a resource to turn to for both guidance and encouragement. Its pages contain examples of people who have lived positively as single people including Jesus of Nazareth and Paul of Tarsus.

Perhaps we have never thought to turn to the Bible for inspiration about living wisely whatever our circumstances as single people. We may be surprised at what it contains about life, love and

community set in the context of God who loves all that he has made, including each of us.

To gain more insight and understand there is a seminar at the vicarage at 11 am on Sunday 27th October with opportunity for both the single and the married to listen and to share. The aim is to build up our community in love and show appreciation for all the many gifts others have as well as see our own in a new light.

Christine Mingay

Remembering your loved ones

A special service to remember those who have died
Sunday 3rd November, 4pm, St Mary's Dedham

CO7 6DE

Followed by
light refreshments

Please contact the Church Office
if you would like the name of
your loved one to be read out:
01206 322136 / stmaryda@gmail.com



Ray's Ironmongery

Ray's, established in 1810, was one of many Dedham shops which moved from one High Street premises to another. In the 1930s it occupied the site of the present Essex Rose tearoom on the corner of Mill Lane and was known as Major Ray's Bazaar. As was usual for shops in the village at that time, it sold a bewildering variety of merchandise, stocking everything from paint, distemper, stoves and oil lamps to gardening tools, galvanised pails, enamel jugs, clothes and footwear of all kinds including "dull rubber wellington boots at an astonishingly low price". Hardware included china plates, cups and saucers, which my parents remembered were placed on the scales and sold by weight in the 1930s. Merchandise set out on the pavement included a display of walking sticks and John Jennings told me that in those innocent days, Dedham boys would feel very daring helping themselves to a stick and walking round with it through Stratford St Mary before putting it back.



*Major Charles Ray's Dedham Bazaar
Established 1810, in the early 20th century*



*Eddie Ray's first showroom in
"Grandma's Greenhouse", 1926*

This shop closed on the outbreak of war in 1939 but since 1922 Major Charles Ray's son Edwin Charles (Eddie) had had his own business, setting up delivery services to Suffolk at first with a horse-drawn van purchased with his WWI army gratuity. His first showroom was in "Grandma's Greenhouse (after removal of the Grapevine)" in 1926. Since the 1930s a vast amount of extra stock had been kept at Rays' General Warehouses behind the then Post Office, where Piper House is now. There were petrol pumps outside, one at the front and three down Princel Lane. By the time I remember it in the 1950s Eddie Ray had incorporated the Post Office Stores, acquired by his wife Marion in 1917, into "Rays' Arcade". He took down a number of internal walls (some alarmingly were load-bearing!), so as to open it up as a department store and would usher customers a few feet from one counter to another for different purchases.

Amazingly the whole building did not collapse but it eventually burned down. After Eddie Ray retired the shop was owned by a Trust and managed by Wesley Downes and his son Barry. A fire broke out on 3rd June 1976 with flames forty or fifty feet high and a cloud of smoke visible for miles around. Loud bangs could be heard because of the large quantities of paint and Calor gas stored on the premises. Peter Rowe who lived in a flat at the back of the shop lost everything he possessed and a collection was organised in the village to help him fund replacements. Even his cat had gone missing but happily it reappeared some time later safe and sound.



Ray's on fire, June 1976. The part with double bay windows was the former Post Office

Sadly the burnt-out shop and the damaged boutique and hairdresser next door, both listed buildings of historic interest, were subsequently demolished.

After his wife died Eddie offered her clothes etc. second-hand for sale in the shop. He sold me three of her teaspoons (which he termed "a quarter-dozen"!) and a tablespoon for making coffee in my room at Oxford.

He used to fill the window of the shop with old photographs of daily and Dedham history covered with scrawled annotations conveying a vast amount of interesting information. Similarly he used to waylay people in the street and run on for hours with his reminiscences, talking at high speed so as to allow no pause which would give his listener a chance to break the flow and move on.

I think I may well have been the last person to see him alive. I had parked on North Hill in Colchester and was about to get in and drive home when he accosted me and said he wasn't feeling very well and could I give him a lift back to Dedham. He sat beside me apparently in excellent form and talking non-stop all the way. I dropped him off at the top of Princel Lane and the following morning he was found dead alone in his house.



A press cutting showing Ray's shop in the 1950s

© **Lucy Archer**

The Dedham Players present

PRESSURE

by David Haig

23rd to 26th October 2019

A drama of war
time heroism
and ...
the weather

7.45pm
The Assembly Rooms,
Dedham

Tickets £10 from
www.dedhamplayers.org
or Shakespeare House,
Dedham High Street

An amateur production by arrangement
with Nick Hearn Books

INVASION
The New
ALLIED ARMIES
IN THE HAVRE
GREAT INV
Evening Standard
Churchill Announces Successful Mosquito
Air Landings Behind Enemy in France
4000 SHIPS, THOUSANDS
OF SMALLER VESSELS
"So Far All Goes to Plan"
11,000 First Line Airplanes

A very strong cast has been assembled which includes Danielle Tile, last seen as Emma in Dedham Players' last production, as well as Mike Cook (Humble Boy, Emma), Gary Huggins (One Man Two Guv'nors), John Tavner, Colin Biggins, Joseph Sales, Don Poar, Joseph Russell, Adam Dunston, Martin Rayner and John Roberts.

Set design is by David Thompson, who has had the challenge of constructing the weather maps which have a starring role in the play. The maps, which replicate the weather forecasts of D-Day weekend, are enormous. There are five of them. Each map shows the weather pattern shifting as weather data is received from various weather stations. David has risen to the challenge and has

DEDHAM PLAYERS LATEST PRODUCTION COMMEMORATES THE 75TH ANNIVERSARY OF D-DAY

Rehearsals are in full swing for the Dedham Players October production of 'Pressure' by David Haig. The play, directed by Kelvin Hastings-Smith, tells the story of the events of the weekend immediately prior to the launch of D-Day and is a fitting commemoration of the 75th Anniversary of the most momentous military operation in history.

devised a strategy that will enable everyone in the audience to see each changing map clearly - even if sitting in the back of the Assembly Rooms.

The play creates tension and conflict, (but also lighter moments), none more so than the pressure carried upon the shoulders of Group Captain James Stagg, the Chief Allied meteorologist who has to advise Gen. Eisenhower if weather conditions allow for the planned invasion date. Eisenhower's 'weather buddy' US Col. Irving Krick insists that his prediction is the one that Eisenhower should choose. Stagg has personal

domestic pressure upon him. Eisenhower, of course, holds the fate of three hundred thousand service personnel in the balance waiting for the meteorologists to agree precisely what weather he can expect.

There is no doubt that this production will be informative and above all, entertaining. Dedham Players have a long tradition of producing excellent productions and Pressure will continue that tradition.



Photo shows Mike Cook (Stagg) and Joseph Russell (Andrew) struggling to understand new weather ship data

Pressure runs from 23rd to 26th October. Performances at 7:45 in The Assembly Rooms, tickets priced at £10 and available at Shakespeare House, Dedham High Street or on line at www.dedhamplayers.org.

“As a result of increased demand for tickets for this show, an extra matinee performance event has been added for Saturday 26th October at 3pm. This is the first time the Dedham Players have added a matinee performance for any of its shows at The Assembly Rooms.

Tickets available from Shakespeare House and online as usual.”

The Dedham Players last production sold out very early and left many disappointed theatre goers. Buy now to avoid disappointment!

On Sunday 15th September, just before the final hymn of the 9.30 service, Gabbie and I were asked to come up to the front of the church, where we were presented with beautiful flowers and a very generous cheque donated by members of St Mary’s in recognition of my 20 years in the post of organist and choirmaster here. The choir sang John Rutter’s *The Lord bless you and keep you*, a cappella, having sneakily met to rehearse without us knowing – very moving. It was a bit of a struggle to play that final hymn after that! This was followed by cake and fizz and the back of church. Altogether a very humbling and moving morning which I will remember with gratitude for many years, and which has hardened my resolve to continue to serve you faithfully until my faculties fail me, or you ask me to stop! Thank you for the flowers and the generous donations, and importantly thank you to those who assist me from the choir stalls, and the many words of encouragement and appreciation down the years, and to those who try to keep me in check! What a privilege to be here and to lead the music in this wonderful setting, to the glory of God.

Antony Watson, Director of Music

ASSEMBLY ROOMS

Starlight Dancing: Mondays 9-12 am

Tom Stapleton Choral Academy:

Mondays 4-7pm

Tuesdays 4.30-7.30pm

Art Classes: Tuesdays 9.30-3 pm

Sounds Right: Thursdays am

Brownies: Thursdays 5.30-7pm

Horticultural Society Meeting

Wednesday 2 October 7.30 pm

Dedham Art Society

Thursday 3, 17 & 31 October 2-4pm

Antiques Fair

Sunday 6 October - All Day

Munnings Birthday Lecture

Tuesday 8 October 7 pm

Dedham Films

Wednesday 16 October - 7pm

Dedham Players Production

Wednesday 23 – Saturday 26 October

DUCHY BARN

Coffee Mornings: Tuesdays,
Thursdays & Fridays 10.30 -12pm
Bridge in Dedham: Wednesdays,
2pm-5pm, Thursdays, 7pm-10pm
Youth Club: Fridays, 7.30-9.15pm

MEET UP MONDAYS

@

THE SUN INN, DEDHAM



DO YOU FEEL LIKE THE WEEKEND HAS DRAGGED?
ARE YOU FED UP WITH YOUR OWN COMPANY?
MAYBE YOU ARE NEW TO THE AREA?
YOU ARE INVITED TO COME ALONG & ENJOY
A FREE CUPPA & SOME FRIENDLY CHAT.
WE'RE HERE FOR TEA, COFFEE AND CAKE AS PART OF
#MEETUPMONDAYS #DONTBEONYOUROWN

10.30AM - 12PM EVERY MONDAY

For information and to make a booking for the **Assembly Rooms** please contact:

Tracy Woods ☎323921 ✉

dedhamassemblyrooms@gmail.com

The Barn can be hired for small private events, parties etc

Details of hire can be obtained from

Anne Rowledge ☎322394

LITTLEGARTH COTTAGES TRUST VACANCY

Littlegarth Cottages Trust have a Vacancy. The Littlegarth Cottages Trust was the gift of Miss Betty Mallett to the community. The Trustees of the Trust set up to administer the gift are the Vicar and Churchwardens. All income from the Trust is used to maintain and improve the properties. The terms of the Trust Deed limits occupation "to house those in need or those who are elderly and in need or to use the Trust assets for the furtherance of religious and other charitable works"

There is a vacancy for a one bedroom property. If you think you may qualify or if you would like further information please contact: Mrs Tracy Woods, Clerk to the Trustees, c/o The Parishes Office, Assembly Rooms, High Street, Dedham CO7 6HJ
01206 323921, Tracy.woods@btinternet.com **Closing date for applications 31st Oct 2019**

Assembly Rooms, Dedham
 Films Admission 7pm, , begin 7.30pm
Tickets £4
 from Shakespeare House Gallery
 OR www.dedhamfilms.co.uk
Refreshments available



The Keeper Directed by Marcus Rosenmuller (NR)

Wednesday, October 16, 2019

7:30 PM 10:00 PM

The Keeper tells the incredible true story of Bert Trautmann (David Kross), a German soldier and prisoner of war who, against a backdrop of British post-war protest and prejudice, secures the position of Goalkeeper at Manchester City,

and in doing so becomes a footballing icon. Struggling for acceptance by those who dismiss him as the enemy, Bert's love for Margaret (Freya Mavor), an Englishwoman, carries him through and he wins over even his harshest opponents by winning the 1956 FA Cup Final, playing on with a broken neck to secure victory. But fate will soon twist the knife for Bert and Margaret, when their love and loyalty to each other is put to the ultimate test.

BIG BREAKFAST

SATURDAY

16TH

NOVEMBER

FROM 8.30AM

DEDHAM

ASSEMBLY ROOMS



THEATRE:



Margaret Rutherford as Miss Marple in 1963. Her friendship with Agatha Christie is dramatised on 24 Oct

Thu 5 to 28 Sep

One Man, Two Guvnors, New Wolsey Theatre, Ipswich.

Monday 30 Sep to 5 Oct

The Night Watch by Sarah Waters - New Wolsey Theatre, Ipswich.

Tue 1 to 5 Oct

The Vicar of Dibley, Headgate Theatre, Colchester, 7.45pm.

Tue 8 to 12 Oct

Two Trains Running- New Wolsey Theatre, Ipswich.

Wed 9 to 12 Oct

The Beauty Queen of Leenane Colchester Theatre Group at Headgate Theatre, 7.45pm.

Thu 10 to 11 Oct

Bleak House adapted from Dickens's novel; Lakeside Theatre, Colchester, 7.30pm.

Mon 14 to 19 Oct

Radiant Vermin, Headgate Theatre, Colchester, 7.45pm.

Birdland- play about a pop star, Lakeside Theatre, Colchester, 7.45pm.

Wednesday 16 Oct

Small Island, National Theatre - LL at Lakeside Theatre, at Odeon and at Firstsite, Colchester, 7pm.

Bleak House. Dickens's novel retold; David Glass Ensemble, New Wolsey Theatre, Ipswich.

Wed 23 to 26 Oct

David Haig: Pressure - The eve of D-Day, Dedham Players at Dedham Assembly Rooms, 7.30pm.

Thursday 24 Oct

The Affair by Amy Gibbons & Samuel Gaulier, Headgate Theatre, Colchester, 7.30pm.

The Immigrant, Chris Michael, the comedian, reworks material from Charlie Chaplin's film, Lakeside Theatre, Colchester, 7.30pm.

Murder, Margaret and Me. Agatha Christie turns slueth. New Wolsey Theatre, Ipswich, to 29 Oct..

Tuesday 29 Oct

Dom Mackie's Poor Life Choices, Headgate, 8pm.

Thursday 31 Oct to 1 Nov

One Under, New Wolsey Theatre, Ipswich, 7.45pm.



Judy Garland as she was in 1936. Her story is retold on 12 Oct

Saturday 2 Nov

Terrifically Terrifying Tales - ghost stories, Headgate, 8.15pm.

MUSIC

Saturday 28 Sep

Promenade Concert, Essex Concert Band at Rowhedge Village Hall, 7.30pm.

Tuesday 1 Oct

Kathryn Parry, violin & Ben Parry, narrator Bach Partita in D minor & Ferdinand the Bull, St Mary-le-Tower Church, Ipswich, 1.10pm.

Thursday 3 Oct

Aurora Voices - vocal ensemble, Coggeshall Church Coggeshall, 12.30pm.

Saturday 5 Oct

Sacconi String Quartet, Ipswich Chamber Music Society at Ipswich School, 7.30pm.

Wednesday 9 Oct

European String Music 1500-1700, Anglia Baroque at Little Bromley Church, Manningtree, 1pm.

Friday 11 Oct

The Swingles, Ipswich School Music Festival, 7.30pm.

Saturday 12 Oct

Come and Sing the Great Choruses with David Lawrence, Ipswich School Music Festival, 10.30am.

The Judy Garland Story with Sara Dowling and the Chris Ingham trio, Ipswich School, 7.30pm.

Verdi, Chris Wright, Schumann, Wolsey Orchestra at Ipswich Corn Exchange, 7.30pm.

Sunday 13 Oct

Blue Harlem, New Wolsey Theatre, Ipswich, 7pm.

Haydn, Schumann, Dvorak Prokofiev, Tallis Chamber Orchestra Society at St Peters Church, Westleton, 3.30pm.

Monday 14 Oct

Big Band Bonanza Ipswich School Music Festival, 7.30pm.

Saturday 19 Oct

Music associated with London, Colchester Symphony Orchestra at St Botolph's, 7.30pm.

Sunday 20 Oct

Fragments (from everyday life) - Piano Matinyas Bacsó, Headgate Theatre, Colchester, 3pm.

Aurora Ensemble, Stour Valley Arts and Music at East Bergholt Church, 4pm.

Saturday 26 Oct

Poppy Appeal Promenade Concert at Witham Royal British Legion Memorial Hall, Essex Concert Band, 7.30pm.

OPERA/MUSICAL

Friday 27 Sep to 12 Oct

Lionel Bart: Oliver! Colchester Operatic Society at Mercury Theatre, 7.30pm.

Tuesday 1 Oct

Placido Domingo: 50th Anniversary Gala Evening from Verona amphitheatre, Odeon Colchester, 7pm.

Gilbert & Sullivan: Ruddigore, Ipswich Gilbert and Sullivan Soc at New Wolsey Theatre, 7.30pm; to 26 Oct..

Thursday 24 Oct

Donizetti: Don Pasquale, Royal Opera House - LL at Odeon Colchester, 7.30pm.

The English Touring Opera
at Snape Maltings

Fri 25 Oct,

Mozart: The Seraglio

Sat 26 Oct,

Peace at last, a family opera for 3 to 5 year olds, 10,30 am

Kurt Weill: The Silver Lake – a Winter's Tale 7.30 pm



Bryn Terfel plays Don Pasquale, from the Royal Opera House – 24 Oct

Wednesday 30 Oct to 3 Nov

Madagascar at Abbey Field, Mercury Theatre, Colchester.

Tuesday Nov 5 to 9

Avenue Q; at Abbey Field, Mercury Theatre, Colchester.

BALLET

Thursday 31 Oct

Dracula, Northern Ballet - LL at Odeon and at Firstsite Colchester, 7.15pm.

ARTS

Monday 30 Sep

Arts, crafts, music and literature, 40 events during October 2019 in 15 churches - see website, South Stour Churches Festival.

More events and details
on my website

www.eamaa.org

Max Wilkinson

LL = live video link



Dedham Christmas Tree Festival

Saturday 7th to Saturday 14th December
Entries are invited from all!

Entry fee: £3 per tree
Deadline for entry forms: Friday 22nd November 2019
Trees to be..
Delivered to church by: Friday 6th December 3pm-6pm
Collected no later than: Saturday 14th December by 4pm

Tree specifications:

- * No trees taller than 5ft
- * LED battery operated lights only *to be provided by participants*
- * Trees must be complete when dropped off
no final adjustments can be made afterwards
- * Trees can be on any theme or subject
- * No toxic or hazardous substances to be used
- * No offensive entries will be allowed



Please return the entry form (copies available at the back of the church or on line https://dedham-and-ardleigh-parishes.org.uk/Groups/285356/Latest_News_and.aspx)

with the £3 entry fee

by Friday 22nd November 2019 to:

Dedham Parish Church Office,
Assembly Rooms, Dedham High Street, Dedham, CO7 6DE
Or submit your entry by e-mail to: stmaryda@gmail.com

Visit our facebook page **@DedhamandArdleigh**

THE DEDHAM EDUCATIONAL FOUNDATION

The Governors invite applications for residents in the parishes of Ardleigh, Bradfield, Dedham, Great Bromley & Stratford St Mary for financial grants that are available in the following categories.

Secondary Schools & Six form Colleges

Applicants must be at least 12 years old on 1st August of the year of application.

Universities & Colleges of further Education

Applicants must have lived in one, or more, of the five parishes for at least 2 years prior to the application date.

*For an application form or further details contact the Clerk to the Governors,
Mrs Jean Flewin, Coppins, Crown Street, Dedham, Colchester, CO7 6AT.
Tel 01206 322215 **Closing date for applications 31st October 2019***

2020 Village QUIZ

The annual Village Quiz for organisations or groups based in Dedham will be held on...

Saturday 18th January 2020 in the Assembly Rooms

7:00 for 7:30 start with SIX people per team and a maximum of 20 teams

Tickets will cost **£12.50 per person** and will include a light supper

There will be a bar and raffle

All proceeds will be donated to the Ipswich branch of Riding for the Disabled

As this event is run to raise money for charity we would respectfully request that only drink purchased at the bar is consumed on the evening

To enter a team please contact

James or Sophie Geary 01206 323368 jandsgeary@hotmail.com

Let's all wear it pink.

it's all about...

mimi's
boutique



Is proud to be raising money for this fantastic cause and excited to be

showcasing our

Autumn 2019 Collection

Friday 18th October 7:30 -10pm

@ Langham Community Centre,
School Road, Langham, CO4 5PA

Tickets £5. With all profit

from ticket sales going to WEAR it PINK

Fizz on arrival & a Licenced Bar run

by the Langham Community Shop

Tickets available from Langham community

shop

find us on Facebook / 07931 970131 / 07976 465842

For a future where everyone with breast cancer lives, we will wear it pink.

Find out more at:

wearitpink.org

wear it
pink

breast cancer
now

Wear It Pink is a registered charity. All proceeds from the event go to Breast Cancer Now. For more information visit www.breastcancer.org.uk

FB REGULATOR

Musical Miscellany

Manningtree Rotary has joined with ElmTree Music and St Mary's Church Lawford to arrange a wonderful concert of popular classical and contemporary at St Mary's on Saturday 19th Oct at 7.30pm. Tickets are £8 and can be obtained from the Lawford Church office (email address : office@lawfordchurch.co.uk) or via telephone on 01206 230658.

Refreshments are being provided in the interval.

Highlights of the concert programme will include the following:

Impromptu in G Flat - Schubert / Mio Babbino Caro (from Gianni Schichi) - Puccini
Excerpts from 'Fiddler on the Roof' - Bock / The Dance of the Blessed Spirits - von Gluck
Les Baricades Misterieuses - Couperin / Moto Perpetuo and Chicago Blues - Sparke
Preludes - Gershwin / Libertango - Pizzolla / Gabriel's Oboe (from The Mission) - Morricone
The-Land-of-Might-Have-Been (from Gosford Park) - Novello
The Hippopotamus - Flanders and Swann.

The performers include a variety of well known local and East Anglian artistes including Richard Blay (Baritone) and Alastair Blay (Piano and Classical Guitar) from Elmtree Music, Lindsay Gowers (Soprano) and Ian Ray (Piano Accompanist), Jennie Francis (Flute) and John Reynard (Euphonium).

Proceeds from the concert will be going partly to St Mary's and partly to Rotary supported charities.

Tickets are expected to go like hot cakes, so get yours now !

Musical Miscellany

St Mary's Church, Lawford

Saturday 19th October 7.30pm

A variety of music for
Piano, Flute, Guitar,
Euphonium and Singing



with Elmtree Music
and featuring...

Richard Blay, Alastair Blay, Jennie Francis, John
Reynard, and Lindsay Gowers with Ian Ray

Tickets: £8

For tickets: Tel 01206 230658 or 01206 390245

Email: office@lawfordchurch.co.uk

Rotary 
Manningtree Stour Valley
Charity No.: 1019980

Interval Refreshments Provided
Proceeds to St Mary's Church and Rotary Supported Charities

What a Summer that was!

Well, we really had a mixed bag of weather thrown at us over the last couple of months didn't we! Unbelievably high temperatures and gusting winds often made gardening all the more difficult - I know I sometimes gave up as it just wasn't practical to do what a gardener's got to do!

So what's been a success? I'm pleased to report that *Brunnera* 'Dawson's White' lived up to expectations – you may remember I mentioned planting this earlier in the year as a possible replacement for the *Hosta* doilies!! Absolutely trouble-free, the large green and white leaves contrasted well against darker foliage and it will look even better next year as it 'clumps up' ready for dividing. Both this variety and its better-known cousin *B.* 'Jack Frost', are ideal for the shady border.



Brunnera 'Dawson's White'

But now we come to October when it's the optimum time for moving trees and shrubs if you decide something really is in the wrong place, as many are *almost* dormant and will settle in before the winter. Try and prune out about a third of the branches/stems (no more) in order to stimulate growth next spring. It's worth following a useful pruning tip from *Gardener's World* a while ago: "Remember the three D's: remove anything **D**ead,

Dying or **D**iseased". If you are moving anything heavy, always point your wheelbarrow in the direction you intend to take *before* you fill it up – then you won't have the difficulty of trying to turn around a heavy barrow with an awkward load!!

After cutting back all those hardy perennials that flowered earlier on and suffered in the heat, if you haven't done it yet, you can still divide the clumps: throw away the really old bits, replant the good pieces and perhaps relocate some to different parts of the garden if necessary. This will result in better growth next year, improved flower-power and plants to give away. However, moving/dividing really only works well with plants that 'clump up' like *astrantias*, *phlox*, *hostas*, *geums* and so on. Don't forget to water everything well to settle in the roots; adding some mulch is always beneficial and makes the beds, borders or pots look thoroughly revived! But don't try and move plants with a deep tap root (e.g. *eryngiums*) as they don't like it: if you want to propagate these, take root cuttings instead.

There's no getting away from it but it's time to tackle tidying the shed or greenhouse while it's still possible to empty out what's inside, remove rubbish, give it good sweep, and clean the windows, ready for overwintering tender plants. Once the weather changes motivation for doing this can rapidly disappear!!

If you are emptying out summer containers, compost plants not worth keeping and the spent compost can go

on the borders, although I often add some to the compost bins to improve the mix.

The good news from the gardening press suggests that as frosts *could* be later than usual this year, we *may* possibly experience a longer flowering period for some autumn stalwarts like *salvias*, *asters*, *dahlias* and *rudbeckias* – a welcome bonus indeed for this time of year.

Diary Dates:

Plant hunting? Then don't miss the opportunity to visit the **Autumn Plant Weekend** at Beth Chatto Gardens (Elmstead Market) **12 & 13 October**.

There's FREE garden entry and lots going on. See www.bethchatto.co.uk for full information. You won't come away empty handed!!

The next DHS Speaker's Evening is on **Wednesday 6 November** when Karen Kenney will talk about *Composting, Worms and Comfrey for Fertility*. Assembly Rooms, 7.30 pm. Visitors are very welcome.

Elizabeth Ellis
Dedham Horticultural Society.

Dedham Primary School

Thank you so much to all the organisers, sponsors and supporters of this year's Dedham Run. It was a gloriously sunny day which saw around 1000 runners take to the roads in the 3k and 10k races. This annual event raises a fantastic amount of money for the school and at a time when budgets are tight, the money raised really does enable us to purchase things which we

would otherwise be unable to do.

On 12th September, just seven days into the term, Class 3 went on a trip to the Regent Theatre in Ipswich to see Horrible Histories live on stage. Some very clever staging and 3D special effects helped to bring characters and events from the time of the ancient Egyptians to life. The show is advertised as 'the history of Egypt with the nasty bits left in' and the children certainly learned a huge number of gruesome and fascinating facts! The children keep talking about how the Egyptians believed that Osiris, god of the afterlife, was chopped up into pieces and placed along the banks of the Nile before his sister found all the pieces and put him back together again!

At the end of the summer term, the whole school took part in a circus skills



workshop with extreme juggler, Phil Blackmore.

Having watched a short performance, everyone then had the opportunity to learn to spin plates, walk a tightrope, use stilts

and use a diablo amongst other skills. One of the highlights of the day was certainly when Phil juggled while balancing a ladder on his chin. I'm sure you can imagine the excited gasps, wide eyes and jaws on the floor! Spinning plates have now been added to our lunchtime activities list...but ladders have not!

Miss Laura Valentine

News from the Surgery

As the summer is drawing to a close and weather is turning colder it's that time of year again to book in for your annual flu jab. For those eligible for the annual vaccination please phone the surgery to book

ARDLEIGH and DEDHAM

Tuesday 15 October, 2pm to 6pm

For those working:

ARDLEIGH

Sat 19 October, 10am to 12:30pm

We will be immunising the 2, 3 and 4 year olds against flu in the practice with the nasal spray and we will write to parents as soon as the centrally supplied NHS vaccine becomes available. Some primary school children may well receive the nasal spray immunisation at school.

Changes to Prescriptions@ Please be aware, new regulation from the EU, called the "Falsified medicines Directive" require your prescription to be collected within 7 working days from the dispensary. The directive is to ensure further safety of medication, but will add additional administration to the dispensary team.

WHAT IT MEANS FOR YOU:

If you do not pick up your medication strictly within the 7 days, the items will need to be destroyed which will be a cost to the NHS and you would need to order again and wait two further working days for your medication to be dispensed again. Hence, it is really important, now more than ever, that medications ordered are picked up in a timely manner and must be collected within 7 days of ordering.

HRT Shortages: HRT shortages are nationwide and have been widely publicised in the media. This can mean different HRT types are going in and out of stock and the dispensary and GPs cannot know for sure what is in, or out of stock at any given time. Please be aware this may mean we have to

switch your HRT to the next most similar and available type.

Car Park Ardleigh: We would like to remind you that the car park is for **Blue Badge Holders or Parents with children under 5 years old only**. There are only 3 parking spaces directly outside the Ardleigh surgery. Please use the village car park wherever possible, it is free and only a short walk from the practice. Please take care not to block or park in the staff car park, as this can block the Duty Doctor or Nurses and prevent them from getting out on their house calls.

New Website: Ardleigh Surgery has a new web site which is user friendly and has access to our registration forms, travel forms and contact information. On the website there are some useful links to self-help/self-referrals to different local services and pages explaining self-management of common conditions.

Best wishes, Ardleigh Surgery

Parish Council

Wooden exercise equipment: Some changes will be made soon to the wooden exercise equipment on the playing field. This will involve moving some pieces of equipment to made access easier, minor modifications and repairs.

Flood risk assessment: Since the flooding in the village a few years ago, DPC has continued to be in contact with the Environment Agency which has been working on mapping flood risk in Dedham. We are now pleased to report that the Environment Agency is organising a drop-in event to discuss flood risk in the village. All residents are welcome.

A number of properties which may be particularly susceptible to the risk of flooding were surveyed during the summer and these householders will be invited to attend and discuss their individual survey

results.

Flood Resilience Engagement Advisor, Tina Starling said, "We would encourage residents to come along and find out more about flood risk in Dedham and how the public can become more flood resilient".

The event will be held on Thursday 24 October between 2pm and 7pm. The venue is yet to be agreed; please check the Dedham Parish Council website or the notice boards for details.

For further information please email tina.starling@environment-agency.gov.uk

Environment, safety and

infrastructure group: This DPC group, chaired by Cllr Ann Follows, has had a busy summer dealing with concerns about maintenance of public rights of way, hedges and verges. DPC is currently looking at ways in which it can be more pro-active in ensuring that hedges and verges are maintained to an acceptable standard by liaising with landowners and/or commissioning some of the necessary maintenance work.

There have also been concerns about damage to the village environment caused by the large number of visitors to our rural location. As has been previously reported, DPC has been active in effecting changes to parking arrangements in the village and we continue to monitor this. The August bank holiday was particularly sunny and busy. We will continue to do everything in our power to facilitate dialogue on this topic between interested parties.

Nicola Baker

The next meeting will be on Monday 7 October 2019 in the Duchy Barn.
 clerk@dedhamparishcouncil.co.uk
 01255 871483
www.dedhamparishcouncil.co.uk

Stour Valley U3A

Wednesday 9 Oct: Jenny Gibbs will talk on "An Englishwoman's Life in Rural Turkey" - 25 years of simple, pastoral life in a Turkish mountain village, unchanged for centuries.

Wednesday 13 Oct: The magistrate, Graham Higgins will talk of "Tales From The Bench". He will describe the role of magistrates and local events in the history of Suffolk, and discuss how a defendant should be sentenced, by briefly outlining a case. He will also include some of his unusual experiences on the bench.

Wednesday 11 Dec: Christmas lunch at the Ipswich Best Western Hotel, Copdock IP8 3JD.

Friday 25 Oct: The next monthly Coffee Grinders meeting at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting welcomes new members and gives all members the opportunity to meet the activity group leaders and the committee over coffee.

Meetings at: The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 pm; annual membership: £12. Contact: Graeme Forsyth, (399049).

Stour Valley Men's Probus

Wednesday 2 Oct: David Prynne will talk on "China, past and present".

Wednesday 16 Oct: Cherry Mullins will present "Confessions of a Tour Manger".

Wednesday 6 Nov: Andy Malcolm will talk about the good work of The Fishermen's Mission.

Wednesday 20 Nov: Sara Waterston of Hunnaball, the funeral service, will talk on "The Humerous Side Of Funerals".

Meetings at: St John Ambulance HQ, Manningtree CO11 1EB, 10am for 10.30am. Contact Dave Carman (01255 880202).



What is Inheritance Tax and Should I Worry About It?

As a financial adviser, I discuss Inheritance Tax regularly with my clients. A few shrug their shoulders and say, "I'll be dead; I don't care" but most feel very strongly that it's a tax against assets you've already paid tax on. Both views are valid, but there's good news for the second group in that there are plenty of ways to reduce or even eliminate it... as long as you start planning early enough.

So, what exactly is it? Inheritance Tax is a tax levied against a person's Estate on death. Once any allowances are used up, Inheritance Tax is charged at 40% on the rest. Yes, 40%! The Tax Man gets a very big slice.

Many people also don't realise that Inheritance Tax must be paid by the executor of the deceased's Will *before* the Estate is released to any beneficiaries. This can cause major problems if there is a large bill to pay. It's not unusual for executors to have to take out short term bank loans to pay the Inheritance Tax in order to release the Estate to the beneficiaries.

Everyone has an allowance against Inheritance Tax - called the Nil Rate Band - of £325,000. There is also a Residence Nil Rate Band, which is an allowance applied when you pass on property to children or grandchildren. This allowance is currently £150,000, increasing to £175,000 from 6 April 2020.

So, from 6 April 2020, many people will be able to pass on up to £500k before paying

Inheritance Tax. But be aware, the Residence Nil Rate Band starts to be reduced if your Estate exceeds £2m. Plus, if you don't have children or grandchildren to bequeath property to, you can't use it at all.

If you are married or in a civil partnership, it's worth knowing that you can pass all of your Estate to your other half without Inheritance Tax being due. If you do this, they can inherit your Nil Rate Band and Residence Nil Rate Band and use these allowances against the total Estate on their death. So, from 6 April 2020, a married couple could potentially pass on an Estate worth £1m before tax is due, when the second person dies.

It sounds like a lot, but property values can easily take up half of this allowance in many parts of the country.

Should you worry about Inheritance Tax? It's a personal thing, but if you think your Estate is likely to exceed your available allowances, it's worth having a chat with a financial adviser to discuss. In some cases, the Tax Man could be as big a beneficiary of your worldly assets as your children! Plus, the rules can and do change from time to time. With an appraisal of your situation, it's quite possible there are some simple things you can do now in order to protect your Estate from Inheritance Tax and pass on more to the people you love.

Lauren Peters is a Chartered Financial Adviser and Senior Adviser at Fiducia Wealth Management, an independent advice firm with its head office in Dedham, Colchester.

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